THE 2020 MONITORING PROGRAM*

The following substances are placed on the 2020 Monitoring Program:

1. Anabolic agents: *In- and Out-of-Competition*: ecdysterone


3. 2-ethylsulfanyl-1H-benzimidazole (bemitil): *In- and Out-of-Competition*

4. Stimulants: *In-Competition* only: bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine

5. Narcotics: *In-Competition* only: codeine, hydrocodone and tramadol

6. Glucocorticoids: *In-Competition* (by routes of administration other than oral, intravenous, intramuscular or rectal) and *Out-of-Competition* (all routes of administration)

*The World Anti-Doping Code [Article 4.5] states: “WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”*