



International Public Organization for
the Promotion of Science and Sport
"Sport, People and Health"

EVENT PROGRAM
X INTERNATIONAL SCIENTIFIC CONGRESS
"SPORT, PEOPLE AND HEALTH"
dedicated to the 125th anniversary of
the Lesgafht National State University, Saint Petersburg
(Saint Petersburg, 08-10 December, 2021)

**Under the patronage of the Secretary General of the Council of Europe,
Ms.Marija Pejčinović Burić**

Under the auspices of the Commission of the Russian Federation for UNESCO

DECEMBER 08, WEDNESDAY

(the first day of the Congress in online format)

Venue

Assembly hall

of Federal State Budgetary Educational Institution of Higher Education "National State University of Physical Education, Sport and Health Named after P.F. Lesgaft, Saint Petersburg"

Address

Address: 35 Dekabristov str., Saint Petersburg, 190121, Russia

10:00-10:50

The opening ceremony of the Congress.

The Congress is opened by:

Shestakov

Vasiliy

Borisovich

(video greeting)

Chairman of the Executive Committee of the International Public Organization for the Promotion of Science and Sport "Sport, People and Health", Saint Petersburg, Russia,
President of the International Sambo Federation (FIAS), Lausanne, Switzerland

Timazov

Vladimir

Aleksandrovich

(video greeting)

President of the Lesgaft National State University of Physical Education, Sport And Health,
St. Petersburg, Russia

Petrov

Sergei

Ivanovich

Rector of the Lesgaft National State University of Physical Culture, Sports and Health,
St. Petersburg, Russia

Greetings to the Congress participants

Matytsin

Oleg

Vasilievich

Ministry of Sports of the Russian Federation

Beglov

Alexander

Dmitrievich

Governor of St. Petersburg

Pozdnyakov

Stanislav

Alexeyevich

President of the Russian Olympic Committee

Lisovets

Dmitry Gennadievich

(Video greeting)

Chairman of the Health Committee of St. Petersburg

Shantyr

Anton

Igorevich

Chairman of the Committee on Physical Education and Sports

**Shlyakhto
Evgeniy
Vladimirovich** Director General of the Almazov Center, Academician of the Russian Academy of Sciences

**Viener-Usmanova
Irina Alexandrovna** President of the All-Russian Federation of Rhythmic Gymnastics, Head Coach of the sports team of the Russian Federation in rhythmic gymnastics, Chairman of the Commission of the Public Chamber of the Russian Federation on Physical Culture and promotion of healthy Lifestyle

**Lubysheva
Ludmila
Ivanovna**
(Video greeting) Editor-in-Chief of ANO Scientific Research Centre "Theory and practice of physical culture and sports"

Congratulations and Greetings to the Congress received by the organizing Committee

10:50 – 11:30

Plenary session (scientific reports of the Congress participants)

PLENARY SESSION

Reports (duration of speech 15-20 min.):

- Petrov S. I.** (Russia) – Rector of the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg
Terekhina R. N. (Russia) – Chief Scientific Director of the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg
Makarov Yu. M. (Russia) - Vice-Rector for Science, Innovation and Digital Transformation of the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg
Dveirina O. A. (Russia) – Professor of the Department of Theory and Methodology of Physical Education of the Lesgaft National State University of Physical Culture, Sport and Health, Saint Petersburg
SCIENTIFIC APPROACH TO THE IMPLEMENTATION OF THE STRATEGY FOR THE DEVELOPMENT OF PHYSICAL EDUCATION AND SPORTS IN THE RUSSIAN FEDERATION
- Sarana A.M.**(Russia) - First Deputy Chairman of the Health Committee of St. Petersburg
MEDICAL SUPPORT OF SPORTS ACTIVITIES, TREATMENT AND REHABILITATION IN SPORTS

11:30 – 12:00

BREAK

12:00 – 14:00

Continuation of the Plenary session (scientific reports of the Congress participants)

3. **Gunina L.M.**(Ukraine) - Doctor of Biological Sciences, Professor, Candidate Master of Sports, Chief Specialist of the Department of External Relations and Information of the National University of Physical Education and Sports of Ukraine
MODERN POSSIBILITIES OF PHARMACOLOGICAL PROVISION OF CHILDREN'S AND YOUTH SPORTS: EMPHASIS ON SAFETY AND EFFECTIVENESS
4. **Jim Parry** (Czech Republic) - Doctor of Sciences at the Faculty of Physical Culture and Sports at Charles University of Prague
E-SPORTS, VIRTUAL SPORT AND REAL SPORT
5. **Inaobi Singh Takellamba**(India) - Manipur University, Kanchipur, Manipur, Dean of the School of Education
ROLE OF THE MANIPUR UNIVERSITY, A COMMON WEALTH UNIVERSITY, IN THE PROMOTION OF SPORTS, TOURISM AND EDUCATION
6. **Shustov E. B.** (Russia) - Doctor of Medical Sciences, Professor, Chief Researcher of Scientific and Clinical Center of Toxicology named after Academician S.N. Golikov of the FMBA of Russia, Professor of the Department of Pharmacology and Clinical Pharmacology of the St. Petersburg State Chemical and Pharmaceutical University of the Ministry of Health of the Russian Federation, Laureate of the State Prize of the Russian Federation in the field of science and technology, St. Petersburg, Russia
THE ROLE OF AMMONIA IN THE FORMATION OF FATIGUE AND THE ASSOCIATED AREAS OF IMPROVING THE PERFORMANCE OF ATHLETES
7. **Minkin V. A.** (Russia) - Deputy Director of the multidisciplinary enterprise "ELISIS", Saint Petersburg
MEASUREMENT OF THE PARAMETERS OF THE PSYCHOPHYSIOLOGICAL STATE OF ATHLETES USING VIBRATION IMAGING TECHNOLOGY

14:00 – 15:00

BREAK

15:00 – 16:00

Presentation of "Contactless diagnostics of COVID-19 using vibration imaging technology and artificial intelligence"

DECEMBER 09, THURSDAY

(the second day of the Congress in online format)

10:00 – 18:00

Section meetings (work of the Congress participants in sections – 8 scientific sections)

Venue: Federal State Budgetary Educational Institution of Higher Education "National State University of Physical Education, Sport and Health Named after P.F. Lesgaft, Saint Petersburg"

11:30 – 12:00

BREAK

14:00 – 15:00

BREAK

SECTION No. 1

10:00 - 14:00, AUDITORIUM 4

PROSPECTS FOR STRENGTHENING AND DEVELOPING THE INTERNATIONAL OLYMPIC MOVEMENT, PARALYMPIC, DEAFLYMPIC SPORTS AND THE WORLD MOVEMENT "SPORT FOR ALL" IN THE WORLD SPORTS MOVEMENT

Section heads:

Ed.D., Prof. Kuramshin Yuri Fedorovich (Russia)

Ed.D., Assoc. Prof. Dveirina Olga Anatolyevna (Russia)

Ph.D. in Pedagogy, Assoc. Prof. Kryucek Sergey Sergeevich (Russia)

Reports of the participants of the section:

1. DEDICATED TO PETER FRANTSEVICH LESGAFT

Oleynik E. A.¹, Bugaevsky K.A.²

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - The Petro Mohyla Black Sea State University, Nikolaev, Ukraine

2. PRIORITIES OF MODERN SPORTS POLICY

Stolyarov V.I.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

Federal scientific centre of physical culture and sports, Moscow, Russia

3. THE REAL EXTINCTION AND NECESSARY REVIVAL OF THE MORAL VALUES OF OLYMPISM

Nezvetsky R.F.

Candidate of Historical Sciences, Academician of the Russian Academy of Sciences, member of the Union of Journalists, member of the Union of Writers of the Russian Federation, Moscow, Russia

4. MYTHS AND REALITY ABOUT GENDER EQUALITY IN SPORT

Ermilova V.V., Putiatova E.G., Turianskaia V.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

5. POLICY SHIFT OF INTERNATIONAL SPORTS FEDERATIONS TOWARDS MUSLIM HEADGEAR

Lutkov V.V.

Saint Petersburg State University, Saint Petersburg, Russia

6. ISSUES OF INVOLVEMENT MONITORING FOR "SPORT FOR ALL" MOVEMENT IN EUROPE AND RUSSIA

Krylova A.T., Kruglova T.E.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

7. THE CONCEPT OF THE INNOVATIVE PROJECT - THE CONSTRUCTION OF THE CHILDREN'S DANCE THEATER COMPLEX FOR PUBLIC USE FOR PERFORMANCES OF CHILDREN'S CHOREOGRAPHIC GROUPS AND COMPETITIONS IN THE OLYMPIC DANCE TYPE "BREAKING"

Khlobystin N.S.

Peter the Great Politech. University, Saint Petersburg, Russia

SECTION No. 2

10:00 - 18:00, AUDITORIUM 1

SCIENTIFIC AND METHODOLOGICAL SUPPORT OF HIGH-PERFORMANCE SPORTS. ACTUAL PROBLEMS OF MODERN SPORTS TRAINING

Section heads:

Ed.D., Prof. Tarakanov Boris Ivanovich (Russia)

Ed.D., Prof. Shiyani Viktor Vladimirovich (Russia)

Ed.D., Prof. Ashkinazi Sergey Maksimovich (Russia)

Ed.D., Prof. Dmitriev Grigory Gennadievich (Russia)

Reports of the participants of the section:

1. THE PREDICTIVE VALUE OF ASSESSING THE MAXIMUM AEROBIC POWER OF HIGHLY QUALIFIED JUDOKAS

Shiyani V. V.

Ph.D. in Pedagogy, Prof., Moscow, Russia

2. BIOMECHANICAL ANALYSIS OF THE ATTACKING SPORTSMAN'S MOTION IN THE PROCESS OF PERFORMING THE THROW (REVERSE SEOI – NAGE) UNDER THE CONDITIONS OF LACK OF RESISTANCE

Levitskii A.G.¹, Matveev D.A.², Posipun A.A.², Oshina O.V.²

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - Saint Petersburg State University, Saint Petersburg, Russia

3. THE SEARCH OF THE OPTIMAL SYSTEM FOR DETERMINING TEAM RESULTS IN PERSONAL AND TEAM WRESTLING COMPETITIONS

Tarakanov B.I., Apoiko R.N., Petrov S.I., Kablova V.S.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

4. CHARACTERISTICS OF PREPARATORY TACTICAL ACTIONS IN COMPETITIVE FIGHTS IN KARATE (WKF) AND CRITERIA FOR THE EVALUATION OF THE INDICATORS OF THEIR APPLICATION

Orlov Yu. L.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

5. CALCULATION OF THE MENTAL TENSION OF A TRAINING LESSON IN THE PREPARATION OF FENCERS

Ryzhkova L.G.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

6. INDIVIDUAL APPROACH TO THE DEVELOPMENT OF NUTRITION DIETS OF MARTIAL ARTISTS BASED ON THE RESULTS OF THE STUDY OF NUTRITION AND NUTRITIONAL STATUS

Denisova N.N., Keshabyants E.E.

Federal Research Centre of Nutrition, Biotechnology and Food Safety, Moscow

7. PECULIARITIES OF PLANNING OF TRAINING PROCESS OF ATHLETES SICK WITH CORONAVIRUS

Guba V.P.¹, Marinich V.V.²

1 - Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

2 - Polessky State University, Pinsk, Republic of Belarus

8. THE ASSESSMENT OF THE INDIVIDUAL FUNCTIONAL STATE AND REACTION TO THE TRAINING LOAD OF YOUNG ATHLETES

Andreeva A.M.^{1,2}, Vavaev A.V.³, Kozlov A.V.³

1 - «Federal center for preparation of the sports reserve» Ministry for sport of the Russian Federation, Moscow, Russia

2 - Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

3 - Moscow Center of Advanced Sport Technologies, Moscow, Russia

9. THE EXPERIENCE OF SCIENTIFIC SUBSTANTIATION OF YACHTSMEN TRAINING SYSTEM IN THE OLYMPIC CLASSES OF YACHTS (470, 49ER)

Ashkinazi S.M., Kulikov V.S., Ryabchikov V.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

10. FAT RELATIONSHIP TOPOGRAPHY AND BODY FAT CONTENT FOR WOMAN ATHLETES - MEMBERS OF THE RUSSIAN OLYMPIC TRIATHLON YOUTH TEAM

Semenov M.M.^{1,2}, Vybornaya K.V.¹, Rajabkadiyev R.M.¹, Ivanova T.S.¹, Nikityuk D.B.¹

1 - Federal Research Centre of Nutrition and Biotechnology, Moscow, Russia

2 - IDP RAE, Moscow, Russia

11. THE METHODOLOGY FOR ASSESSING THE PERMANENT STATE OF GAME AGGRESSION OF QUALIFIED ATHLETES

Lutkova N.V.¹, Makarov Yu.M.¹, Minkin V.A.², Nikolaenko Ya.N.²

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - LLC "Diversified enterprise "Elsis", Saint Petersburg, Russia

12. THE ASPECTS OF TECHNICAL AND TACTICAL ACTIONS OF SKATERS AGED 13-17 YEARS AT A DISTANCE OF 500 METERS

Butrameeva E.Yu., Dikikh K.V.

Siberian State University of Physical Culture and Sports, Omsk, Russia

13. SIMULATION OF INTERACTION WITH A SUPPORT WHEN JUMPING UP FROM A STATIONARY POSITION

Bilenko A.G., Losin B.E., Ivanova G.P., Borodin A.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

14. DIFFERENTIATION OF TRAINING FACILITIES IN LONG-TERM INDIVIDUAL TACTICAL TRAINING OF VOLLEYBALL PLAYERS

Rodin A.V.

Smolensk State University of Sports, Smolensk, Russia

15. THE INFLUENCE OF BREATHING EXERCISES ON THE FORMATION OF A UNIVERSAL TYPE OF COMPETITIVE PREPARATION OF BIATHLONISTS

Farbey V.V., Zhevlakov E.G.

Herzen State Pedagogical University Of Russia, Saint Petersburg, Russia

16. PERFORMANCE ANALYSIS OF HIGH-LEVEL CROSS-COUNTRY SKIERS

Novikova N.B., Ivanova I. G.

Saint Petersburg scientific-research institute of physical culture, Saint Petersburg, Russia

17. IMPROVEMENT OF TACTICAL SKILLS DURING HIGHLY QUALIFIED RUNNERS TRAINING AT 400M

Balandin S.I.¹, Balandina I.Yu.²

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - Saint Petersburg State University of Aerospace Instrumentation, Saint Petersburg, Russia

18. QUALITATIVE BIOMECHANICAL ANALYSIS OF THE BASIC ATHLETIC STANCE IN BADMINTON

Elmanov N. A.¹, Astrakhantseva A. M.^{1,2}

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - SPORTS SCHOOL of fencing unions "Spartak," Saint Petersburg, Russia

19. DETERMINING THE GAME ROLE DURING THE TRAINING OF NAKHIMOV NAVAL STUDENT HOCKEY PLAYERS OF "NEVSKIE YUNGI" TEAM

Plotnikov V.V.

Nakhimov Naval School, Saint Petersburg, Russia

20. IMPROVEMENT OF THE LEVEL OF TECHNICAL PREPAREDNESS OF ATHLETES-ORIENTEERS OF 16-17 YEARS

Valkovskii V.A., Nikitin A.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

21. DIGITAL MODEL OF EFFECTIVE MANAGEMENT OF SPORTS RESERVE TRAINING IN GAME SPORTS (ON THE BASIS OF FOOTBALL)

Golubev D.V., Shchedrina Yu.A., Melnikov D.S.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

22. INCREASING THE SPEED-POWER TRAINING OF QUALIFIED SKIERS-RACING IN THE PREPARATION PERIOD

Baranov N.E., Ordin E.P., Ushakov V.I.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

23. STRENGTH TESTS OF STAGE CONTROLS OF ROWERS ON KAYAKS AND CANOES OF HIGH QUALIFICATION ON LAND WITH THE SPEED OF COMPETITIVE ROWING ARE ANALYZED

Petrov M.G., Shubin K.Yu., Baranova M. V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

24. THE CONTINUOUS JUDO FOR KIDS OF PRESCHOOL AND PRIMARY SCHOOL AGE AS AN AUTHOR'S EDUCATIONAL TECHNOLOGY

Mikhaylova D.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

25. FORMATION OF PROFESSIONALLY APPLIED SIGNIFICANT SKILLS USED FOR VIOLATORS' DETENTION IN THE WATER

Bashlakova G.I.¹, Gayduk S.A.², Marishchuk L.V.¹

1 - Belarusian State University of Physical Culture, Minsk, Belarus

2 - Institute of the Investigative Committee, Minsk, Belarus

SECTION No. 3

10:00 - 18:00, AUDITORIUM 8

PSYCHOLOGICAL SUPPORT OF MODERN SPORTS AND UNSTRUCTURED MODERATE-INTENSIVE PHYSICAL ACTIVITY

Section heads:

Ph.D. in Psychology, Assoc. Prof. Khvatskaya Elena Evgenievna (Russia)

Psy.D., Prof. Marishchuk Lyudmila Vladimirovna (Belarus)

Psy.D., Prof. Yakovlev Boris Petrovich (Russia)

Reports of the participants of the section:

1. 75-YEAR PATH OF THE SCIENTIFIC SCHOOL OF THE DEPARTMENT OF PSYCHOLOGY NAMED AFTER A.C. PUNI

Khvatskaya E.E.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2. INTEGRATION OF PSYCHOLOGICAL TECHNIQUES INTO THE SYSTEM TRAINING OF ATHLETES AT THE STAGE OF SPORTS SPECIALIZATION

Babushkin G.D.

Siberian State University of Physical Culture and Sports, Omsk, Russia

3. EMOTIONAL CONTAGION OF YOUNG FOOTBALL PLAYERS IN LOSING AND WINNING SITUATIONS AT COMPETITIONS

Lovyagina A.E.

Saint Petersburg State University, Saint Petersburg, Russia

4. THE PROBLEM OF OVERCOMING BEHAVIOR IN MODERN HIGHER ACHIEVEMENT TEAM SPORTS

Sovmiz Z.R.

Kuban state University of physical education, sport and tourism, Krasnodar, Russia

5. HARDWARE-SOFTWARE SOLUTIONS IN PSYCHOLOGICAL CORRECTION OF ATHLETES

Golub Y.V., Gavrilova M.P.

SAINT PETERSBURG SCIENTIFIC-RESEARCH INSTITUTE OF PHYSICAL CULTURE, SAINT PETERSBURG, RUSSIA

6. READINESS FOR ACTION

Marischuk L. V.

Belarusian State University of Physical Culture, Minsk, Belarus

7. PERSONALITY OF A GRADUATE STUDENT IN CONNECTION WITH SCIENTIFIC ACTIVITY IN THE FIELD OF PHYSICAL CULTURE AND SPORTS

Andrushchishin I.F.

Kazakh Academy of Sports and Tourism, Almaty, Kazakhstan

8. PSYCHOLOGICAL AND PEDAGOGICAL ASPECT OF RESEARCH ON IDENTIFICATION AND DEVELOPMENT OF PREDICTS OF SPORTS GIFT OF CHILDREN

Yakovlev B. P., Mosina N.V., Aksarina I. Yu.

Yugra State University, Khanty-Mansiysk, Russia

9. SOCIAL AND EMOTIONAL INTELLIGENCE AS RESOURCES FOR OVERCOMING STRESS FOR SUBJECTS OF TEAM AND INDIVIDUAL ACTIVITY

Pirozhkova V. O.

Kuban state University of physical education, sport and tourism, Krasnodar, Russia

10. REGULATORY INDICATORS OF STUDENTS SPECIALIZING IN SPORTS GYMNASTICS, TAKING INTO ACCOUNT GENDER AND LEVEL OF QUALIFICATION

Budyka E.V., Enikolopova E.V., Volodina E.S., Komarov A.M.

Lomonosov Moscow State University, Moscow, Russia

11. PSYCHOLOGICAL AND PEDAGOGICAL ASPECTS OF MOTIVATION FOR PHYSICAL CULTURE AND SPORTS

Novikova N.E.

Moscow City Pedagogical University, Ushinsky Institute of Secondary Vocational Education, Moscow, Russia

12. PSYCHOLOGICAL ASPECTS OF SPORTS ACTIVITY IN THE ASSESSMENT OF OLYMPIC CHAMPIONS

Pashuta V. L., Otochkin V. V., Poyarkov A. A.

Military Institute of Physical Training, Saint Petersburg, Russia

13. ANALYSIS OF THE PSYCHOLOGICAL CHARACTERISTICS OF HIGHLY SKILLED FEMALE BIATHLETES

Peshkova N.V., Peshkov A.A.
Surgut State University, Surgut, Russia

14. PREVENTION OF ADVERSE EMOTIONAL STATES FOR STUDENT-ATHLETES

Stuckert A. L.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

15. CONCERNING COMMUNICATION AND INTERACTION IN BASKETBALL

Marishchuk L.V.¹, Bykova A.A.², Kang Yao³

¹ - *Russian State Social University (branch in Minsk), Minsk, Belarus*

² - *Belarusian State University of Information and Radio electronics, Minsk, Belarus*

³ - *Belarusian State University of Physical Culture, Minsk, Belarus*

16. PSYCHOSEMANTIC ANALYSIS OF THE "EFFORT" CONCEPT BASED ON THE RESULTS OF CONTENT ANALYSIS

Andreev Vit. V., Andreev Vl. V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

17. SOCIAL AND PSYCHOLOGICAL FEATURES OF A CHILDREN'S COMPETITIVE SKIING AND BIATHLON COACH

Manzheley I.V., Gura K.M.

Tyumen State University, Tyumen, Russia

18. SPECIAL PSYCHOLOGICAL TRAINING OF HIGHLY QUALIFIED ATHLETES IN MARTIAL ARTS

Saktaganova T.S., Ibraimov E.S.

Olympic Boxing Training Center of the Republic of Kazakhstan, Almaty, Kazakhstan

19. ORGANIZATION AND CONDUCT OF PSYCHOLOGICAL EXAMINATION OF HIGHER ACHIEVEMENT ATHLETES IN THE MEDICAL CENTER

Naboychenko E.S., Noskova M.V.

Ural State Medical University, Ekaterinburg, Russia

20. PSYCHOLOGICAL AND PEDAGOGICAL TRAINING OF YOUNG ATHLETES TO CHOOSE A PROFESSION IN THE FUTURE

Vorobev S.A., Gretsov A.G.

SAINT PETERSBURG SCIENTIFIC-RESEARCH INSTITUTE OF PHYSICAL CULTURE, SAINT PETERSBURG, RUSSIA

21. BODY IMAGE DISSATISFACTION AND MENTAL HEALTH OF ATHLETES WITH LIMB INJURIES

Malikova L.A., Baykovsky Y.V.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

22. IRRATIONAL ATTITUDES OF ATHLETES DURING THE PERIOD OF RESTRICTIONS CAUSED BY THE COVID-19 PANDEMIC

Ilina N.L.

Saint Petersburg State University, Saint Petersburg, Russia

23. PSYCHOLOGICAL CHARACTERISTICS OF THE FORMATION OF MOTOR ACTION OF MARTIAL ARTISTS

Stanislavskaya I.G.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

24. FIFTY-YEAR CAREER IN SPORT PSYCHOLOGY: REFLECTIONS ON DEVELOPMENT WITH THE FIELD

Stambulova N. B.

Halmstad University, Sweden

SECTION No. 4

10:00 - 18:00, AUDITORIUM 5

MEDICAL SUPPORT OF SPORTS ACTIVITIES, TREATMENT AND REHABILITATION IN SPORTS

Section heads:

Biol.D., Prof. Shchedrina Yulia Alexandrovna (Russia)

Candidate of Biological Sciences, Prof. Melnikov Dmitry Sergeevich (Russia)

Biol.D., Prof. Gunina Larisa Mikhailovna (Ukraine)

Doctor of Medical Sciences, Prof. Shcherbak Sergey Grigoryevich (Russia)

Reports of the participants of the section:

1. P.F. LESGAFT - THE FOUNDER OF THE CLINICAL AND PHYSIOLOGICAL JUSTIFICATION OF THE USE OF PHYSICAL EXERCISES IN THERAPEUTIC PHYSICAL CULTURE

Shadrin D.I., Smirnov G.I., Lutkov V.F.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2. CURRENT PROBLEMS OF PHYSICAL ACTIVITY AND HEALTH OF THE WORKING POPULATION

Volkova N.L., Ponomarev G.N., Kostov F.F.

Herzen State Pedagogical University of Russia, Saint Petersburg, Russia

3. PRACTICAL APPLICATION OF EXOGENOUS KETONE ESTERS (D-B-HYDROXYBUTYRATE) FOR PROFESSIONAL CYCLISTS IN THE CONDITIONS OF TRAINING ACTIVITY

Kuzmin A.V., Efremov V.G.

Federal Scientific and Clinical Center of Sports Medicine and Rehabilitation of the FMBA of Russia, Moscow, Russia

4. DIAGNOSIS, TREATMENT, PREVENTION OF PERINEAL NODULAR COMPACTION IN PROFESSIONAL CYCLISTS

Stenzel R.E.¹, Kuzmin A. V.², Mashchenko I.A.¹, Trufanov G.E.¹

1 - National Medical Research Center named after V. A. Almazov of the Ministry of Health of Russia, Saint Petersburg, Russia

2 - Federal Scientific and Clinical Center for Sports Medicine and Rehabilitation of the FMBA, Moscow, Russia

5. NUTRITION, MICROBIOME, IMMUNITY

Khoroshilov I. E.¹, Vershinin G.P.², Khoroshilova A.I.¹

1 - North-Western State Medical University named after I.I. Mechnikov, Saint Petersburg, Russia

2 - Saint Petersburg Center for Sports Medicine, Saint Petersburg, Russia

6. CORRELATION ANALYSIS OF INDICATORS OF BODY COMPOSITION AND ACTUAL NUTRITION OF TENNISISTS

Ivanova T.S.¹, Semenov M.M.¹, Kobelkova I.V.¹, Korosteleva M.M.¹, Rajabkadiyev R.M.¹, Sokolov A.I.¹, Vybornaya K.V.¹, Balandin M.Y.², Vybornov V.D.², Segina A.T.²

1 - Federal Research Centre of Nutrition and Biotechnology, Moscow, Russia

2 - Moscow Center of Advanced Sport Technologies, Moscow, Russia

7. ESTESIS OF EATING BEHAVIOR IN WOMEN'S JUDO

Dimura I. N.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

8. СИНДРОМЫ ПЕРЕНАПРЯЖЕНИЯ У СПОРТСМЕНОВ

Lomazova E.V.¹, Kalinin A.V.², Sokolova O.N.¹, Lobanov M.Yu.², Bryntseva E.V.²

1 - Centre of Sports Medicine, FMBA of Russia, Moscow, Russia

2 - City medical and physical dispensary, Saint Petersburg, Russia

9. STUDY OF THE PROBLEM OF AUTONOMIC DYSFUNCTION SYNDROME AMONG YOUNG STUDENTS OF VOLGOGRAD EDUCATIONAL INSTITUTIONS

Ryabchuk Yu.V.¹, Gorbaneva E.P.², Kuzmin D.V.²

1 - Volgograd State Academy of Physical Culture, Volgograd, Russia

2 - Volgograd State Medical University, Volgograd, Russia

10. DIGITAL TRANSFORMATION OF SPORT MEDICINE

Akhmerova K. Sh., Lapin A.Yu., Kurashvili V.A.

Federal State Budgetary Institution "Federal Center for the Training of a Sports Reserve" of the Ministry of Sports of the Russian Federation, Moscow, Russia

11. PHYSIOLOGICAL CONTROL OF BODY BALANCE AND STABILITY OF WINTER SOCCER PLAYERS

Ilyin A.A.¹, Kapilevich L.V.^{1,2,3}, Gaevaya Yu.A.³, Guzhov F.A.¹

1 - Tomsk State University of Control Systems and Radioelectronics, Tomsk, Russia

2 - Tomsk State University, Tomsk, Russia

3 - Tomsk Polytechnic University, Tomsk, Russia

12. POSTURAL EFFECTS OF AUTONOMIC REGULATION OF HEART RATE IN ATHLETES IN COMPLICATED CONDITIONS.

Tishutin N.A., Rubchenya I.N.

Belarusian State University of Physical Culture, Minsk, Belarus

13. FEATURES OF THE CARDIOVASCULAR SYSTEM REACTIONS IN SPEED SKATING

Seliverstova V.V., Djos N.P.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

14. GLUCOSE AND CARDIORESPIRATORY SYSTEM PARAMETERS OF WINTER SWIMMERS IN COLD WATER RELAY RACES

Baranova T. I.¹, Rybyakova T. V.², Karkachev R. N.³, Namozova S. Sh.¹, Zemlyanukhina T. A.¹

1 - Saint Petersburg State University, Saint Petersburg, Russia

2 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

3 - Winter Swimming Federation of Saint Petersburg, Saint Petersburg, Russia

15. THE SET OF CHARACTERISTICS OF MORPHOLOGICAL AND FUNCTIONAL ADAPTATION OF HOCKEY PLAYERS AT THE STAGES OF MANY YEARS OF TRAINING

Kalinina I. N.¹, Lindt T. A.²

1 - Kuban State University of Physical Culture, Sports and Tourism, Krasnodar, Russia

2 - Siberian State University of Physical Culture and Sports, Omsk, Russia

16. FUNCTIONAL FEATURES OF NEUROMUSCULAR APPARATUS OF QUALIFIED DIVERS IN THE WATER IN THE DYNAMICS OF THE YEAR TRAINING CYCLE

Popova I. E., Sysoev A. V., Savinkova O. N.

Voronezh State Institute of Physical Culture, Voronezh, Russia

SECTION No. 5

10:00 - 18:00, ASSEMBLY HALL

ACTUAL ISSUES OF ADAPTIVE PHYSICAL CULTURE AND ADAPTIVE SPORTS

Section heads:

Ed.D., Prof. Evseev Sergey Petrovich (Russia)

Ph.D., Assoc. Prof. Vorobyov Sergey Alekseevich (Russia)

Ph.D., Assoc., Prof. Ladygina Elena Borisovna (Russia)

Reports of the participants of the section:

1. ADAPTIVE SPORTS IN THE RUSSIAN FEDERATION: STATE, PROSPECTS OF DEVELOPMENT

Evseev S. P.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2. ORGANIZATION OF INCLUSIVE EDUCATION ON THE BASIS OF A MEDICAL UNIVERSITY

Potapchuk A. A.

First Saint Petersburg State Medical University named after I. P. Pavlov, Saint Petersburg, Russia

3. INCREASED NEUROMUSCULAR PERCEPTION IN CHILDREN WITH SPASTIC DIPLEGIA

Cherepanova I. O., Dunaev K. S.

Moscow State Academy of Physical Culture, Moscow, Russia

4. RESTORATION OF THE FUNCTION OF BALANCE AND STABILITY OF VESTIBULAR REACTIONS OF PEOPLE WITH DISABILITIES

Firileva Z.E., Ponomarev G.H.

Herzen State Pedagogical University of Russia, Saint Petersburg, Russia

5. RESEARCH OF PREDICTORS OF IDENTIFICATION AND REALIZATION OF RESERVES OF TECHNICAL AND TACTICAL TRAINING OF A PARALYMPIC SWIMMER (ON THE EXAMPLE OF BLIND SPORTS AND SPORTS OF PERSONS WITH POD)

Vinokurov L.V.

Saint Petersburg scientific-research institute of physical culture, Saint Petersburg, Russia

6. PROSPECTS OF FIGURE SKATING AS A MEANS OF MOTOR REHABILITATION OF CHILDREN WITH CEREBRAL PALSY

Cherepanova I.O.

Moscow State Academy of Physical Culture, Moscow, Russia

7. METHODS OF CORRECTION OF THE PSYCHOPHYSICAL STATE OF VOLLEYBALL PLAYERS WITH A LESION OF THE MUSCULOSKELETAL SYSTEM

Talamova I.G.

Siberian State University of Physical Culture and Sports, Omsk, Russia

8. FEATURES OF STATIC STABILITY IN ATHLETES OF DIFFERENT NOSOLOGICAL GROUPS

Krasnoperova T.V., Ivanova I.G., Lukmanova N.B.

SAINT PETERSBURG SCIENTIFIC-RESEARCH INSTITUTE OF PHYSICAL CULTURE, SAINT PETERSBURG, RUSSIA

9. ADAPTIVE PHYSICAL CULTURE IN EDUCATIONAL INSTITUTIONS OF HIGHER EDUCATION

Evseeva O.E., Mukhina A.V., Matveeva S.S.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

10. CORRECTION OF OVERWEIGHT AND OBESITY BY MEANS OF PHYSICAL REHABILITATION

Shevtsov A.V., Ivlev V.I., Evdokova T.S.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

11. FEATURES OF THE ORGANIZATION OF PHYSICAL TRAINING OF ELDERLY PEOPLE TO MEET THE TEST STANDARDS OF THE ALL-RUSSIAN PHYSICAL CULTURE AND SPORTS COMPLEX «READY FOR WORK AND DEFENSE»

Ladygina E.B., Evseeva O.E., Grachikov A.A., Shelekhov A.A., Ryabchikov A.Yu.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

12. RESULTS OF RELEVANCE OF THE USE OF MEANS, METHODS AND FORMS OF ORGANIZATION OF ADAPTIVE MOTOR RECREATION MONITORING
Shelekhov A.A., Nenakhov I.G.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

13. INCLUSIVE EDUCATION OF STUDENTS AT NSU NAMED AFTER P.F. STATE UNIVERSITY, SAINT PETERSBURG

Aksenov A.A., Grachikov A.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

14. FORMATION OF MOTIVATION IN ELDERLY PEOPLE TO ENGAGE IN ADAPTIVE PHYSICAL CULTURE

Ladygina E.B., Evseeva O.E.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

15. IMPROVING THE QUALITY OF LIFE OF PEOPLE WITH SYSTEMIC LUPUS ERYTHEMATOSUS BY MEANS OF ADAPTIVE PHYSICAL CULTURE

Nikiforova N.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

16. JUSTIFICATION OF THE DEVELOPED STANDARDS OF TESTS "READY FOR WORK AND DEFENCE" FOR PEOPLE WITH INTELLECTUAL DISABILITIES

Kryukov I.G.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

17. FEATURES OF THE DEVELOPMENT OF REACTION SPEED IN GOALKEEPERS AGED 12-14 YEARS IN FOOTBALL OF PERSONS WITH CEREBRAL PALSY

Bykhanova S.S., Aksenov A.V., Terentyev F.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

SECTION No. 6

10:00 - 18:00, AUDITORIUM 6

INNOVATIVE PROJECTS AND BEST PRACTICES AIMED AT THE HARMONIOUS DEVELOPMENT OF THE PERSONALITY IN THE SYSTEMS OF PHYSICAL CULTURE AND SPORTS, HEALTH CARE AND EDUCATION

Section heads:

Doctor of Economics, Prof. Alexander Ivanovich Volkov (Russia)

Ph.D., Assoc. Prof. Ermilova Victoria Valeryevna (Russia)

Doctor of Economics, Prof. Verzilin Dmitry Nikolaevich (Russia)

Reports of the participants of the section:

1. THE "OPPORTUNITY" PROJECT. NETWORKING FOR THE PROMOTION OF SOCIAL INCLUSION AND GENDER EQUALITY THROUGH TRADITIONAL GAMES AND SPORTS

Kuznetsova Z.M.¹, Lavega-Burgués², Jaume March-Llanes³, Jorge Moya-Figueras³, Kuznetsova E.A.¹, Arkhipov E.Y.⁴

1 - University of management TISBI, Naberezhnye Chelny, Russia

2 - National Institute of Physical Education of Catalonia (INEFC), Motor Action, Research Group (GIAM), Lleida, Spain

3 - NeuroPGA Research Group, Lleida, Spain

4 - Kazan Suvorov Military School of the Ministry of Defense of the Russian Federation, Kazan, Russia

2. LEGAL CONSTITUTIONAL BASICS OF THE NATION'S HEALTH RECOVERY PROCESS: ASPECTS OF MEDICINE, PHYSICAL CULTURE AND SPORT

Novikov A. B.¹, Ragozina N. A.¹, Sytnik G. B.²

1 - Saint Petersburg State University of Economics, Saint Petersburg, Russia

2 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

3. ACTIVE LEISURE AND ITS ORGANIZATION IS ONE OF THE DIRECTIONS OF PHYSICAL EDUCATION (from experience)

Landa B.H.

Private educational institution of higher education Kazan innovative University.

Timiryazeva V. G., Kazan, Russia

4. VIRTUAL COMPETITIONS ADAPTED TO THE PANDEMIC

Filippova Yu.S.¹, Chayun D.V.², Lukina S.M.³

1 - Novosibirsk State Pedagogical University, Novosibirsk, Russia

2 - Tyumen State University, Tyumen, Russia

3 - Saint Petersburg State University, Saint Petersburg, Russia

5. EMOTIONALLY DEFINED VALUE OF ACTIVITIES AND RELATIONSHIPS AS A CAUSE OF DEFORMATIONS AND CRISES OF PERSONAL DEVELOPMENT IN SPORT IN MODERN RUSSIA

Shumova N.S., Baykovsky Y.V.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

6. INNOVATIVE APPROACHES AND FACTORS IN THE IMPLEMENTATION OF TRADITIONAL GAMES IN THE SYSTEM OF PHYSICAL EDUCATION OF SCHOOLCHILDREN AND UNIVERSITY STUDENTS

Kuznetsova Z.M.¹, Mutaeva I.Sh.², Seliverstova A.S.², Ismagilova L.F.²

1 - University of management TISBI, Naberezhnye Chelny, Russia

2 - Yelabuga Institute, Kazan Federal University, Yelabuga, Russia

7. THE DEVELOPMENT OF RHYTHMIC GYMNASTICS FOR ADULTS IN SAINT-PETERSBURG

Lobastova M. V., Enchenko I. V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

8. IMPLEMENTED AUTHOR FORMATS OF TEAM COMPETITIONS CONDUCTING, WHICH CONTRIBUTE TO THE VERSATILE DEVELOPMENT OF PUPILS ENGAGED IN KIDS SPORTS CLUBS AND THE PROMOTION OF MARTIAL ARTS IN RUSSIA AND ABROAD

Parovinchak Yu. M.

Association of children's clubs under the Moscow sambo Federation, Moscow, Russia

9. POSSIBILITIES OF USING TRX-TRAINING IN THE PHYSICAL TRAINING OF THE ADULT POPULATION IN THE SPACE OF FITNESS CLUBS

Tsipin L.L., Shorikov M.S.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

10. FEATURES OF UNIVERSAL FIGHT SPORTS TRAINING FOR CHILDREN OF 10-11 YEARS OLD

Nuraliev B. K.¹, Nuraliev N. K.², Ashkinazi S.M.¹

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - Tver State University, Tver, Russia

11. POSTURE AS AN EXTERNAL INDICATOR OF THE LEVEL OF ADAPTATION OF THE BODY IN UNIVERSITY STUDENTS

Nestrugina V. V.¹, Klepets M.S.², Linnik A.K.³

1 - Bauman Moscow State Technical University, Moscow, Russia

2 - Expert on true health issues, Spain, Tenerife Island

3 - Chief expert consultant of Atom-Okhrana JSC. Moscow, Russia

12. EXPERIENCE OF IMPLEMENTATION AND PROSPECTS OF DEVELOPMENT OF THE ALL-RUSSIAN PROJECT "SAMBO FOR SCHOOLS" IN THE KRASNODAR TERRITORY

Golovko E. N.¹, Karl L. I.², Goshko K.V.³, Sharova M.S.³, Kuryanova V.I.³

1 - Secondary School No. 11, Timashevsk, Krasnodar Krai, Russia

2 - Secondary School No. 16 named after I.P. Fedorov, Gulkevichsky district, Krasnodar Krai, Russia

3 - Center for the Development of Physical Culture and Sports of the Education System, Krasnodar Territory, Russia

13. STIMULATED DEVELOPMENT OF THE ABILITY TO CONSCIOUSLY CONTROL MOVEMENT AND SELF-CONTROL OF MUSCLE SENSATIONS WHEN TEACHING THE SQUAT TECHNIQUE WITH A BARBELL ON THE SHOULDERS

Starkova E.V., Lubimova A.S.

Perm State Humanitarian Pedagogical University, Perm, Russia

14. COMPUTER COACH OF TOP-LEVEL TEAMS

Polozov A.A.

Ural Federal University, Yekaterinburg, Russia

15. PSYCHOSOCIAL TRAINING AS A FORM OF IMPLEMENTATION OF A PRACTICE-ORIENTED APPROACH IN PSYCHOLOGICAL AND PEDAGOGICAL SUPPORT OF SPORT RESERVES

Sytnik G.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

16. ONLINE COMMUNICATION IN CYCLICAL SPORTS AMONG STUDENTS

Koval T.E., Lukina S.M., Yarchikovskaya L.V.

Saint Petersburg State University, Saint Petersburg, Russia

**17. FORMATS OF SPORTS TELEVISION JOURNALISM
IN THE DIGITAL AGE**

Murtazina G.H., Berdysheva N.Y., Bojkova N.G., Karazhaeva M.B.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

**18. THE PRINCIPAL TRENDS IN THE PERCEPTION OF FOOTBALL
PERFORMANCE**

Krotova E.E.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

**19. THE CENTURIES-OLD HISTORY OF THE MONGOLIAN NATIONAL
SPORTS FESTIVAL "NAADAM"**

Larkin A. I., Pashuta V. L., Sumbaehuu Suhbat

Military Institute of Physical Training, Saint Petersburg, Russia

**20. FACTORS THAT DETERMINE THE SUCCESSFUL IMPLEMENTATION OF
TRAINING TASKS IN CHOREOGRAPHIC EDUCATION**

Lavrukhina G. M.¹, Alyona Maria Weber^{1,2}

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - Vienna Ballet Academy, Austria

**21. SPORTS AND PEDAGOGICAL COACHING OF OVERCOMING AGE
BARRIERS OF ONTOGENESIS IN THE TECHNOGENIC ENVIRONMENT OF
INDIVIDUAL DEVELOPMENT**

Kryucek S.S.¹, Mavrin S.A.², Ivanov V.G.³, Yaitchnikov I.K.⁴

1 - The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

2 - Military Technical Institute, Saint Petersburg, Russia

3 - Peter the Great Politech. University, Saint Petersburg, Russia

4 - STC «MONOLIT», Saint Petersburg, Russia

SECTION No. 7

10:00 - 18:00, AUDITORIUM 13

***PROSPECTS FOR THE DEVELOPMENT OF PERSONNEL FOR THE FIELD OF
PHYSICAL CULTURE AND SPORTS IN MODERN CONDITIONS***

Section heads:

Ed.D., Prof. Ponomarev Gennady Nikolaevich (Russia)

Ed.D., Prof. Kostyuchenko Valery Filippovich (Russia)

Ed.D., Prof. Apoiko Roman Nikolaevich (Russia)

Reports of the participants of the section:

1. PROFESSIONAL PERSONNEL TRAINING METHODOLOGY UNDER DIVERSIFICATION OF PHYSICAL EDUCATION

Lubysheva L.I.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

2. CHARACTERISTICS OF THE MASTER'S STUDENT OF THE UNIVERSITY OF PHYSICAL CULTURE AS A SUBJECT OF THE EDUCATIONAL PROCESS

Kostyuchenko V. F., Apoiko R.N., Petrov S.I., Zverev V.D., Shubin K.Yu.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

3. A MODEL FOR THE FORMATION OF PSYCHOLOGICAL COMPETENCIES IN FUTURE COACHES

Shugurov A. A.

Moscow State Academy of Physical Culture, Moscow, Russia

4. PREVENTION OF DOPING VIOLATIONS IS AN URGENT TASK OF EDUCATION AT A SPORTS UNIVERSITY

Dorofeykov V.V., Nevzorova T.G., Miller L.L., Shubin K.Y.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

5. PEDAGOGICAL TRAINING IN THE SPHERE OF GAMIFIED PHYSICAL CULTURE AND SPORT

Burkhanova I.Yu.¹, Voronin D.I.²

1 - Minin Nizhny Novgorod State Pedagogical University, Nizhny Novgorod, Russia

2 - Immanuel Kant Baltic Federal University, Kaliningrad, Russia

6. STATE AND TRENDS OF SPORTS MANAGEMENT EDUCATION IN MODERN RUSSIA

Verzilin D.N., Rosenko S.I.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

7. SPORT INNOVATICS AS A FUNDAMENTAL SCIENTIFIC DIRECTION AND EDUCATIONAL DISCIPLINE

Dodonov O.V.

Belarusian State University of Physical Culture, Minsk, Belarus

8. THE IMPORTANCE OF THE LEVEL OF PROFESSIONAL PREPAREDNESS OF THE TRAINING STAFF IN THE CHOICE OF SPORTS SERVICES

Burenko V.O., Mustafina D.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

9. TRAINING STAFF FOR THE SPHERE OF PHYSICAL CULTURE AND SPORTS IN THE CONDITIONS OF DIGITAL TRANSFORMATION OF PHYSICAL EDUCATION

Petrov P. K.

Udmurt State University, Izhevsk, Russia

10. CAUSES OF STATIONARITY OF STEREOTYPES IN THE SPHERE OF PHYSICAL CULTURE AND SPORTS AND WAYS TO OVERCOME THEM

Safronova M.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

11. IMPROVEMENT OF PHYSICAL TRAINING SYSTEM IN PRIMARY SCHOOLS

Aleksandrova V.A., Skotnikova A.V., Solovev V. B., Ovchinnikov V.I.

Moscow State Pedagogical University (MPGU), Moscow, Russia

12. COMMUNICATIVE AND ACTIVE APPROACH IN TEACHING OF PRONUNCIATION SIDE OF SPEECH WHEN LEARNING FRENCH AS A SECOND FOREIGN LANGUAGE AT THE UNIVERSITY OF PHYSICAL EDUCATION

Belyakova E.A.

Russian State University of Physical Education, Sport, Youth and Tourism (SCOLIPE), Moscow, Russia

13. THE AFFECTIVE DOMAIN IN PROFESSIONAL DEVELOPMENT OF NOVICE PHYSICAL EDUCATION TEACHERS

Hily Rosenblum, Sima Zach

The Academic College at Wingate, Wingate Institute, Israel

SECTION No. 8

10:00 - 18:00, AUDITORIUM 3

Legal Sports Safety Regulations

Section heads:

Doctor of Economics, Prof. Smirnov Alexander Alexandrovich (Russia)

Ph.D. in Law, Prof. Kazarinova Liana Vagramovna (Russia)

Ph.D., Assoc. Prof. Eremin Igor Borisovich (Russia)

Reports of the participants of the section:

1. REGULATORY AND LEGAL SUPPORT FOR THE DISPLACEMENT OF RISKS AND THREATS IN THE FIELD OF PHYSICAL CULTURE AND SPORTS

Smirnov A.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

**2. SOME ISSUES OF THE ORGANIZATIONAL AND LEGAL MECHANISM FOR ENSURING SPORTS SAFETY IN THE FIELD OF PHYSICAL CULTURE AND SPORTS:
PROBLEMS AND SOLUTIONS**

Kazarinova L.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

3. THE EXPERIENCE OF ST. PETERSBURG IN EXPANDING THE MATERIAL BASE OF THE PHYSICAL CULTURE AND SPORTS INDUSTRY, TAKING INTO ACCOUNT ENSURING PUBLIC SAFETY AT THE SPORTS FACILITY

Eremin I.B.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

4. SAFETY ISSUES OF ATHLETES' TRAINING PROCESS AT THE STAGE OF INITIAL SPORTS SPECIALIZATION

Zhivoderov V.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

5. LEGAL MEASURES TO ENSURE PUBLIC ORDER AND PUBLIC SAFETY DURING MASS SPORTING EVENTS

Kokin D.M.

Saint Petersburg University of the Ministry of Internal Affairs of Russia, Saint Petersburg, Russia

6. INTERNATIONAL COUNTERACTION TO THE USE OF DOPING IN THE LEGISLATIVE SPHERE

Gurkin Ya.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

7. LEGAL ASPECTS OF INFORMATION SECURITY IN THE FIELD OF PHYSICAL CULTURE AND SPORTS

Zorina M.I.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

8. LEGAL ANALYSIS OF INTERNATIONAL ANTI-DOPING LEGISLATION

Borodin D.A.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

9. ANTI-DOPING CONTROL IN PREPARATION FOR WORLD-CLASS COMPETITIONS

Prigoda K.G.

Russian swimmer, Honored Master of Sports of Russia, World and European champion in short water, finalist of the Olympic Games, Russia

10. COVID-19 AS A THREAT TO SPORTS SAFETY

Sonina A.A.

KIDCOURT Network of Sports and educational spaces for children, Saint Petersburg, Russia

11. SOME ASPECTS OF THE SAFETY OF THE TRAINING PROCESS (ON THE EXAMPLE OF FOOTBALL)

Fedotov A.V.

The Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia

12. LEGAL REGULATION OF ENSURING THE SAFETY OF SPORTS ACTIVITIES THROUGH COUNTERING THE USE OF PROHIBITED SUBSTANCES BY ATHLETES

Feyzullaev F.M.

Saint Petersburg State University of Architecture and Civil Engineering, Saint Petersburg, Russia

DECEMBER 10, FRIDAY

(The final day of the Congress in online format)

10:00 – 11:30

FINAL PLENARY SESSION

Speakers (duration of the report 15-20 min.):

1. Evseev S.P. (Russia)

Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg, Russia, Doctor of Pedagogical Sciences, Professor, Corresponding Member of the Russian Academy of Education, Honored Worker of Higher Education of the Russian Federation, President of the "LIN Sports Federation"

TERMINOLOGY. LAW. NATIONAL GOALS IN THE RUSSIAN FEDERATION

2. Kaukab Azeem(Saudi Arabia)

King Fahd University of Petroleum and Minerals

PREVALENCE OF FITNESS HEALTH AND LIFESTYLE MANAGEMENT

3. Patrik Drid (Serbia)

Novi Sad University, Serbia, Ph.D, Professor, Faculty of Sports and Physical Culture

Nemanja Lakicevic¹, **Ambra Gentile**¹, **Antonio Paoli**², **Roberto Roklicer**³, **Antonino Bianco**³, **Tatiana Trivic**²

1 - Sport and Exercise Sciences Research Unit, University of Palermo, 90133 Palermo, Italy, 2Department of Biomedical Sciences, University of Padova, 35122 Padova, Italy,

PSYCHOLOGICAL EFFECTS OF RAPID WEIGHT LOSS IN COMBAT SPORTS

4. Istyagina-Eliseeva E.A. (Russia)

Deputy Chairman of the Commission of the Public Chamber of the Russian Federation on Physical Culture and Promotion of a Healthy Lifestyle, Professor of the Higher School of Economics, Director of the State Museum of Sports, Moscow, Russia

**CURRENT ISSUES OF SECURITY AND QUALITY OF SERVICES
THE COMMERCIAL SECTOR OF THE FCS**

11:30 – 12:00

Summary of the scientific sections (report of the moderators of the sections)

12:00 – 12:30

*Adoption of the Resolution
Closing of the Congress*

Congress Organizers:

- International Public Organization for the Promotion of Science and Sport "Sport, People and Health"
- Lesgaft National State University of Physical Education, Sport and Health (Saint Petersburg, Russia)
 - International Sambo Federation (FIAS) (Lausanne, Switzerland)

Co-organizers of the Congress:

Ministry of Sports of the Russian Federation
Russian Olympic Committee
Government of Saint Petersburg
Committee for Physical Culture and Sports of St. Petersburg
Saint Petersburg State University
Saint Petersburg City Hospital No. 40
Saint Petersburg scientific-research institute of physical culture
Military Institute of Physical Training, Saint Petersburg, Russia

Participating in ensuring the work of the Congress
National Movement of Volunteers named after P.F. Lesgaft
(Russia, Saint Petersburg)

Organizing Committee of the Congress:

8 Malaya Morskaya str., Saint Petersburg, 191186, Russia
tel/fax. +7 (812) 571-22-34
e-mail: sporthealth.spb@gmail.com
www.sport-health.ru

Saint Petersburg 2021