

PROGRAM OF THE ASIAN SAMBO CHAMPIONSHIP
for Seniors (M-F), Youth (M-F), Juniors (M-F),
and Combat SAMBO for Seniors (M)
at Ashgabat, TURKMENISTAN from 26-30 May 2016

Venue: Martial Arts Complex of the Olympic village Ataturk Street, Ashgabat.
Dates: 26-30 May 2016

Time	Event							
26 May 2016								
Arrival								
10:00 – 15:00	Arrival of the delegations, accreditation, check-in							
15:00 – 16:00	Weigh-in and draw (at the hotel) for:							
	Seniors			Youth		Juniors		
	M	F	CS	M	F	M	F	
	52,68,90	48,60,72	57,74,100	48,62,82, over 100	44,56,68, over 80	52,65,81	44,56,70	
16:00 – 17:00	Congress of Sambo Union of Asia							
17:00 – 18:00	Briefing for team representatives and coaches. Anti-Doping Seminar for coaches							
20:00	Dinner							
27 May 2016								
08:00	Breakfast							
10:00 – 14:00	Preliminary bouts for Seniors including for bronze medals, Preliminary bouts and final bouts youth and juniors, including awarding ceremonies							
	Seniors			Youth		Juniors		
	M	F	CS	M	F	M	F	
	52,68,90	48,60,72	57,74,100	48,62,82, cb.100	44,56,68, cb.80	52,65,81	44,56,70	
14:00 – 15:00	Lunch							
15:00–16:00	Weigh-in and draw (at the venue) for:							
	Seniors			Youth		Juniors		
	M	F	CS	M	F	M	F	
	57,74,100	52,64,80	62,82, cb100	52,68,90	48,60,72	56,70,87	48,60,75	
17:00 – 18:00	Opening ceremony							
18:00 – 20:00	Finals and awarding ceremony							
20:30	Dinner							
28 May 2016								
08:00	Breakfast							
10:00 – 14:00	Preliminary bouts for Seniors including for bronze medals, Preliminary bouts and final bouts youth and juniors, including awarding ceremonies							
	Seniors			Youth		Juniors		
	M	F	CS	M	F	CS	M	
	57,74,100	52,64,80	62,82, over100	52,68,90	48,60,72	56,70,87	48,60,75	
14:00 – 15:00	Lunch							
15:00 – 16:00	Weigh-in and draw (at the venue) for:							
	Seniors			Youth		Juniors		
	M	F	CS	M	F	CS	M	
	62,82, over100	56,68, over 80	52,68,90	57,74,100	52,64,80	48,60,75 over 87	40,52,65, over 75	
17:00 – 19:00	Finals and awarding ceremony							

20:00	Dinner						
29 May 2016							
08:00	Breakfast						
10:00 – 14:00	Preliminary bouts for Seniors including for bronze medals, Preliminary bouts and final bouts youth and juniors, including awarding ceremonies						
	Seniors			Youth		Juniors	
	M	F	CS	M	F	CS	M
	62,82, over 100	56,68, over 80	52,68,90	57,74,100	52,64,80	48,60,75 over 87	40,52,65, over 75
14:00 – 15:00	Lunch						
16:00 – 18:00	Finals and awarding ceremony						
20:00	Dinner						
30 May 2016							
09:00 – 12:00	Departure						