REPUBLIQUE DU CAMEROUN Paix – Travail – Patrie

MINISTERE DES SPORTS ET DE L'EDUCATION PHYSIQUE

FEDERATION CAMEROUNAISE DE SAMBO



REPUBLIC OF CAMEROON
Peace – Work - Fatherland

MINISTRY OF SPORTS AND PHYSICAL EDUCATION

CAMEROON SAMBO FEDERATION

2st Edition of the International Open
Tournament of the Economic Community of
Central African States (ECCAS)

DATE:

From September 26 to 27, 2025

LOCATION:

Mfandena Omnisport Gymnasium, Yaounde

The organizing committee

The Cameroonian Sambo Federation

 ${\bf Invites\ you\ to\ participate}$ In the 2st Edition of the ECCAS International Open Tournament.

This Tournament will be organized under the aegis of The Ministry of Sports and Physical Education (Minsep), The International Sambo Federation (FIAS) And the African Sambo Confederation (CAS).

REGULATIONS FOR THE ECCAS OPEN TOURNAMENT YAOUNDE-CAMEROON 2025

INTRODUCTION

These regulations aim to define the rules and procedures of the 2025 ECCAS International Open Tournament, organized by Cameroon. These regulations apply to Sport Sambo (M&W), Combat Sambo (M&W), competitors, officials, and organizers of the competition (ECCAS Tournament 2025).

References:

- Sambo Competition Rules
- FIAS Competition Regulations

1. Organization of the Competition

- **1.1** The organizing committee is composed of members of the Cameroonian Sambo Federation (FECASAMBO) designated by the President of the Federation and any third party solicited by the President of FECASAMBO.
- **1.2** The missions of the organizing committee consist of planning, organizing, managing, and supervising the competition in all its sporting, event, and managerial aspects.
- **1.3** The specific missions of the organizing committee include welcoming, guiding, transporting, and selecting accommodation sites for foreign delegations. The Cameroonian Sambo Federation (FECASAMBO) will provide visa assistance only to these delegations.

2. Date and Location

- 2.1 The Tournament will be held from September 26 to 27, 2025, in Yaoundé, Cameroon.
- 2.2 Competition venue: Mfandena Omnisport Gymnasium, Yaoundé, Cameroon.
- 2.3 Competition Categories

The competition named "CEEAC International Open Tournament" is an individual Junior/Senior competition for both women and men.

3. Participation Conditions

- **3.1** All CEEAC sub-region countries practicing Sambo, as well as all National Sambo Federations affiliated with the International Sambo Federation, can participate in the CEEAC International Open Tournament.
- **3.2** The 2025 edition of the CEEAC Tournament is an individual competition. Each National Federation will present one athlete in each weight category.
- **3.3** The deadline for preliminary registrations is set for no later than August 20, 2025, in accordance with Appendix 1. Each country must submit the complete list of its delegation to the Organizing Committee by this date.

- **3.4** Each delegation must send its visa requests on time; no later than August 20, 2025 (Appendix 1)
- 2). Accommodation and transfer reservation requests must be submitted to the Organizing Committee no later than August 20, 2025, in accordance with Appendix 3.
- **3.5** Final registrations with all changes must be submitted no later than September 10, 2025, in accordance with Appendix 1.

For visa requirements, the various delegations can register through the E-visa plateforme using the website https://evisacam.cm.

- **3.6** Each athlete must undergo a medical examination before leaving their country for the Tournament.
- **3.7** All participants, coaches, referees, and representatives must have personal international medical insurance. Insurance will be checked at the weigh-in. Without health insurance, athletes are not allowed to participate in the Tournament.
- **3.8** Each delegation must provide the Organizing Committee with 2 flags of their country (1x2 meters) and the audio recording of their national anthem (CD or USB stick).

4. Technical Specifications of the Championship

This Tournament includes the following junior/senior categories:

- Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
- Sport Sambo (Women): 59Kg, 65Kg, 72Kg,
- Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
- **4.1** The Organizing Committee guarantees first aid to all participants.
- **4.2** Competitors must present themselves in regulatory Sambo uniform, with the backnumber in the correct format.
- **4.3** Any delay in registration confirmation or weigh-in will result in disqualification.

5. Financial Conditions

- **5.1** For each member of each delegation, travel and accommodation expenses in Cameroon are the responsibility of the participating country's National Federation (100 USD per person per day for half-board).
- **5.2** Airport-hotel-airport transfers and hotel-sports complex-hotel transfers are the responsibility of the organizers.
- **5.3** Delegation leaders must resolve all financial matters with the Organizing Committee on the day of arrival and fulfil all accreditation conditions.

6. Medals Presentation and Official Ceremonies

- **6.1** Medalists will receive medals and diplomas.
- **6.2** Competitors participate in the Tournament's official ceremonies in red uniform.

- **6.3** To honor the champions, the national anthem will be played, and the national flag will be raised.
- **6.4** Four medals will be awarded in each category.
- **6.5** Team ranking is determined based on individual ranking points.
- **6.6** To promote Sambo, for all categories and disciplines (men and women, Sport Sambo and Combat Sambo), a podium will only be possible if fighters from multiple nationalities (at least two) are present.
- **6.7** Official representatives of National Federations will be admitted to the VIP area in formal attire; admission in sportswear is prohibited.

7. Confirmation of Participation

Please send the required documents no later than August 20, 2025, to:

Cameroonian Sambo Federation (Yaoundé, Cameroon)

- President - MBASSI FRANCOIS

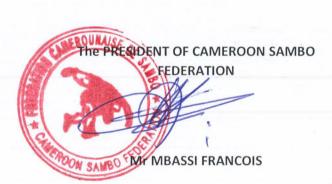
Phone/Fax: +237 699945995

- Secretary-General - NAMA FRANCOIS

WHATSAPP: +237 699847439

E-mail: cmrsambo@yahoo.fr

Looking forward to seeing you in Yaounde, please accept our most distinguished sporting greetings.



PROGRAMME

Thursday 25 September 2025 Arrival of delegations Check in and accreditation (International Jouvence Hotel) Friday 26 Septembre 2025 Accreditation 09h30-15h00 Meeting of referees (International Jouvence Hotel) 16h00-17h00 Technical meeting and draw (International Jouvence Hotel) 17h00-18h00 - Medical check up (International Jouvence Hotel) - Weighing of the following categories: Sport Sambo (Women): 59Kg, 65Kg, 72Kg, 18h00 - 19h00 Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg Saturday 27 September 2025 Eliminatories Sport Sambo (Women): 59Kg, 65Kg, 72Kg, Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg 10h00 - 15h00 Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg Break 15h00-17h00 Opening ceremony - The Finals 17h00 - 18h45 The Finals 19h00 Sunday 28 September and Monday 29th September 2025 Departure of delegation