



PAN AMERICAN SAMBO UNION

FEDERACION DE SAMBO, COSTA RICA
Cédula Juridica 3-002-809632
Tel (506) 88447919 - (506) 8323 7682
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**SAMBO AND ASSOCIATED SPORTS
FEDERATION OF COSTA RICA**

Omar Lopera
President

**GUILLERMO
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Fecha: 2022.06.27
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Guillermo Sánchez Cantillano
President

REGULATIONS

Pan American SAMBO Championships 2022

Sport SAMBO (Men & Women)

Combat SAMBO (Men & Women)

Beach SAMBO (Men, Women & Teams)

Alajuela, Costa Rica, September 9-11, 2022

1. GENERAL CONDITIONS

- 1.1** The Pan American SAMBO Championships 2022 shall be held in accordance with the FIAS Regulations for Organizing and Holding of the Official FIAS Competitions and the International SAMBO Rules.
- 1.2** The Pan American Championships will be held to promote and develop SAMBO in the Pan American region and to strengthen international relations.



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2. FACILITIES

2.1 Pan American Sport SAMBO and Combat SAMBO Championships

The Pan American Sport SAMBO and Combat SAMBO Championships (male and female) will be held at the **Sports Complex Monserrat (Polideportivo Monserrat), Alajuela.**

Location: Montserrat de Alajuela, Provincia de Alajuela, Río Segundo, Costa Rica

2.2 Pan American Beach SAMBO Championships

The Pan American Beach SAMBO Championships will be held at the **beach volleyball courts of the Sports Complex Monserrat (Polideportivo Monserrat), Alajuela.**

Location: Montserrat de Alajuela, Provincia de Alajuela, Río Segundo, Costa Rica

2.3 Training Venue

A place for trainings will be set up in the **Sports Complex Monserrat (Polideportivo Monserrat).**

2.4 Accommodation

Accommodation for athletes, referees, coaches and delegates will be arranged at the **Hotel Hampton by Hilton San Jose Airport.**

Location: Highway 1 Airport Boulevard, 01017, Alajuela, Costa Rica.

2.5 Hotel rates per person

Includes Breakfast and Dinner

Rooms	Price
Twin	US \$75.00
Single	US \$100.00

Any members of each delegation that will NOT stay at the official hotels must pay the amount of US\$100 each, and no services will be provided to them.



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3. TRANSPORTATION

3.1 Airport-Hotel/Hotel-Airport transfer

A support staff will meet and greet each delegation on arrival at the airport. In the same way a transfer program will be done according to the flight itinerary for each delegation. Every single person must pay US \$20.00 for the transfer. The transfer will be made from the Juan Santamaría airport to the respective hotel.

3.2 Internal transportation

The internal transportation will be provided by the Organizing Committee according to the program of activities of the event.

4. FIAS LICENSE AND INSURANCE

Each athlete and coach is required to register in the FIAS Database and hold a FIAS license with payment of the current year's membership fee. The cost of the FIAS license is US \$60 per person, which also includes international sports insurance for the selected competitions on the FIAS calendar. The terms and conditions of the Insurance are available upon request at info@sambo-fias.com. It is the responsibility of the National SAMBO Federation to inform athletes and officials in advance of the Insurance Regulations. According to the regulations of the insurance program, it's not prohibited to have any other insurance, but the cost of the license will remain US \$60.

The Organizing Committee assumes no responsibility for any case of injury, disease, death or possible infection of COVID-19 that may arise during the participation or travel to the Pan American SAMBO Championships.

5. COMPETITION RULES

The Competitions will be held according to the Regulations for Organizing and Holding Official FIAS Competitions.

5.1 Competition Disciplines

Sport SAMBO: Men & Women

Combat SAMBO: Men & Women

Beach SAMBO: Men & Women

Beach SAMBO: Mixed Teams



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5.2 Weight categories

- **Sport SAMBO Men:** 58KG, 64KG, 71KG, 79KG, 88KG, 98KG, +98 KG
- **Sport SAMBO Women:** 50KG, 54KG, 59KG, 65KG, 72KG, 80KG, +80 KG
- **Combat SAMBO Men:** 58KG, 64KG, 71KG, 79KG, 88KG, 98KG, +98 KG
- **Combat SAMBO Women:** 50KG, 54KG, 59KG, 65KG, 72KG, 80KG, +80 KG
- **Beach SAMBO Men:** 58KG, 71KG, 88KG, +88 KG
- **Beach SAMBO Women:** 50KG, 59KG, 72KG, +72 KG
- **Beach SAMBO by Team:** TEAMS OF FOUR (4) ATHLETES: TWO (2) MALE (71KG, +71KG) AND TWO (2) FEMALES (59KG, +59KG).

5.3 Number of Athletes and Team Officials of the delegation

Each National Federation can enroll only one athlete per weight category in the event. An athlete can participate in more than one discipline, but always in the same weight category.

According to the FIAS Rules and to the disciplines and weight categories, the delegation may be composed as follows:

- Sport SAMBO Men: SEVEN (7) ATHLETES
- Sport SAMBO Women: SEVEN (7) ATHLETES
- Combat SAMBO Men: SEVEN (7) ATHLETES
- Combat SAMBO Women: SEVEN (7) ATHLETES
- Beach SAMBO Men: FOUR (4) ATHLETES
- Beach SAMBO Women: FOUR (4) ATHLETES
- Coaches: FOUR (4)
- Referees: FOUR (4)
- Delegates: ONE (1)
- Medical staff: ONE (1)



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6. ACCREDITATION AND OFFICIAL REGISTRATION

Registration of athletes and coaches shall be made by means of the FIAS Electronic System (FIAS Database) at <https://fms.sambo.sport/login>. Each National Sambo Federation should have a login ID and a password. Admission of the athletes and coaches to the competitions will be carried out through the Database. All questions related to the registration in FIAS Database should be addressed directly to FIAS at info@sambo-fias.com and o.artemyuk@sambo-fias.com

The Accreditation will be held at the Courtyard Hotel, Alajuela, on September 8, 2022, where a space will be set up for the Accreditation. In compliance with the Safety Measures (COVID-19), only one delegate from each National Federation must be present and attend on time to carry out this process, which is obligatory.

An Accreditation Card will be issued and will contain the holder's information and its function. This accreditation card shall be carried all the time by the holder, except during the time when an athlete is competing.

Heads of National Teams participating in the Competition shall submit documents confirming the payment of the FIAS annual membership fee by the National Federations (receipt of payment or bank transfer slip). The membership fee can be paid during the accreditation to the treasurer of FIAS or to an authorized representative.

The deadline for final registration of all delegation members in the FIAS Database is August 25, 2022.

7. WEIGH-IN

The weigh-in will be held according to the current FIAS Regulations. One athlete can compete only in one weight category, which corresponds to its actual weight and which is displayed on the official scale. Time and place of the weigh-in is indicated in the program.

IMPORTANT:

Athletes that compete in Sport SAMBO or Combat SAMBO and then compete in Beach SAMBO will not have the special weigh-in for the Beach SAMBO Championships and the registration will be based on the previous weigh-in for Sport SAMBO / Combat SAMBO.

Athletes that compete only in Beach SAMBO will have the weigh-in on September 10th at the venue (13:00-13:30).



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8. UNIFORMS AND EQUIPMENT CONTROL

All competitors shall wear uniforms and equipment approved by the International SAMBO Federation (FIAS). At all times athletes shall comply with the Regulations for Organizing and Holding Official FIAS Competitions and FIAS Rules. Before each bout, the corresponding review and control will be done by the referees and technicians designated for that purpose. Failure to comply with the rules and regulations pertaining to the control of uniforms and equipment entails penalties for the coach or athlete in the event.

In accordance with the Regulations for Organizing and Holding Official FIAS Competitions (Annex 13), all participants of the official FIAS competitions must wear a patch (back number) on the back of their SAMBO jackets (red and blue) indicating their name as well as the national code (IOC national codes).

Athletes who do not have a back number on their SAMBO jackets will not be allowed to compete.

9. ANTI-DOPING

Doping controls shall be carried out by Anti-Doping Organization accredited by WADA. The athletes will be selected in accordance with the requirements of the FIAS Anti-Doping Rules 2021 which are based on the 2021 WADA Code. From the time of notification until an arrival to the Doping Control Station, the selected athletes will be accompanied by chaperone trained by the Anti-Doping Organization responsible for sample collection at the event. The selected athlete may also be accompanied by one (1) representative to assist him or her with translation. The official language to be used during the doping control procedure shall be English. If the Organizing Committee does not provide accreditation with photo of the athlete, the selected athlete will be required to present a valid passport or other identification document at the Doping Control Station. All athletes are required to plan the date and time of their departure in consideration they may be selected for doping control.

10. VISA

The Organizing Committee is pleased to provide all possible support so that the National Federations of each country can obtain the corresponding visa in order to enter Costa Rica. Please follow the deadlines for the preliminary registration and submit the corresponding Visa Application form on time.



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11. AWARDING

11.1 Athletes Awarding

The awarding protocol indicates that athletes must wear their red uniform at the time of the Awarding Ceremony.

Athletes will be awarded in the following way:

- **First Place:** Gold Medal
- **Second Place:** Silver Medal
- **Third Place:** Bronze Medal
- **Third Place:** Bronze Medal

11.2 Team Awards

The winning teams will be awarded in different disciplines, as established:

- **First Place:** Trophy
- **Second Place:** Trophy
- **Third Place:** Trophy

12. REFEREES

The referees for the event will be appointed by the FIAS Technical Commission according to the procedure and regulations in force. The other referees must be authorized by their SAMBO National Federations and must pay for all the days of their stay (including the seminar for referees) at the rate of \$85 per person in twin room accommodation or \$75 in triple room accommodation. The appointed referees will pay the \$85 in twin room or \$75 per day in triple room for the days not covered by FIAS.

13. SEMINARS

13.1 Referees Seminar

The Referees Seminar will be held in the city of Alajuela - Costa Rica, on September 7 -8, 2022.

13.2 Coaches Seminar

The Coaches Seminar will be held in the city of Alajuela - Costa Rica, on September 6 - 7, 2022. Those coaches who participate in the seminar, each one must pay the amount of \$85 per day in double room or \$75 in triple room.



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14. CODE OF CONDUCT

All National Federations, officials, coaches and athletes that will participate in the Pan American Championships must respect and accept the FIAS authority, FIAS officials, FIAS Statutes, Regulations for Organizing and Holding Official FIAS Competitions, FIAS Refereeing Rules, FIAS Anti-Doping Rules, FIAS Disciplinary Code, FIAS Bylaws, FIAS Code of Ethics and FIAS Referees Code of Conduct.

Each head of delegation is responsible for ensuring 100% compliance with the Safety Measures (COVID-19), the good conduct and actions of their athletes and officials.

15. RESERVATIONS AND PAYMENTS

- Each delegation must comply with the required payments for accommodation and transportation.
- Each National Federation is responsible for the charges or commissions generated by the transfers made.
- Copy of the receipt of each transaction must be sent to the Organizing Committee.
- Payments will be made in US dollars.

Correspondent Bank and Account Number for transfers

In the name of Federación de Sambo y Deportes Asociados

Bank of Costa Rica

IBAN Account: CR52015201001049866104 (US dollars)

16. ORGANIZING COMMITTEE CONTACTS

Sambo and Associated Sports Federation of Costa Rica

Ing. Guillermo Sánchez Cantillano - President

Phone: +506 88447919

Luis Enrique Bogantes Sanabria - General Secretary Phone: +506 83237682

Diego Alvarado Fallas - Vice President- Telephone +506 60125274

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17. PROGRAM

DATE	TIME	ACTIVITY	LOCATION
08/09		DELEGATIONS ARRIVAL	JUAN SANTAMARIA AIRPORT, SAN JOSÉ
	10:00-16:30	HOTEL REGISTRATION AND ACCREDITATION	HOTEL HAMPTON
	16:30-18:00	ANTI-DOPING SEMINAR & TECHNICAL MEETING	HOTEL HAMPTON
	18:00-19:00	WEIGH-IN: Sport SAMBO Men: 58, 71, 88, +98 kg Sport SAMBO Women: 50, 59, 72, +80 kg Combat SAMBO Men: 64, 79, 98 kg Combat SAMBO Women: 54, 65, 80 kg	HOTEL HAMPTON
	19:00-21:00	PAN AMERICAN CONGRESS	HOTEL HAMPTON
09/09	10:00-13:00	PRELIMINARIES: Sport SAMBO Men: 58, 71, 88, +98 kg Sport SAMBO Women: 50, 59, 72, +80 kg Combat SAMBO Men: 64, 79, 98 kg Combat SAMBO Women: 54, 65, 80 kg	POLIDEPORTIVO MONSERRAT
	14:00-15:00	WEIGH-IN: Sport SAMBO Men: 64, 79, 98 kg Sport SAMBO Women: 54, 65, 80 kg Combat SAMBO Men: 58, 71, 88, +98 kg Combat SAMBO Women: 50, 59, 72, +80 kg	
	15:30-16:00	OPENING CEREMONY	
	16:00-18:00	FINALS AND AWARDING CEREMONY: Sport SAMBO Men: 58, 71, 88, +98 kg Sport SAMBO Women: 50, 59, 72, +80 kg Combat SAMBO Men: 64, 79, 98 kg Combat SAMBO Women: 54, 65, 80 kg	
10/09	10:00-13:00	PRELIMINARIES: Sport SAMBO Men: 64, 79, 98 kg Sport SAMBO Women: 54, 65, 80 kg Combat SAMBO Men: 58, 71, 88, +98 kg Combat SAMBO Women: 50, 59, 72, +80 kg	



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	15:00-17:00	FINALS AND AWARDING CEREMONY: Sport SAMBO Men: 64, 79, 98 kg Sport SAMBO Women: 54, 65, 80 kg Combat SAMBO Men: 58, 71, 88, +98 kg Combat SAMBO Women: 50, 59, 72, +80 kg	POLIDEPORTIVO MONSERRAT
11/09	15:00-19:00	PAN AMERICAN BEACH SAMBO CHAMPIONSHIPS: Beach SAMBO Men: 58, 71, 88, +88 kg Beach SAMBO Women: 50, 59, 72, +72 kg Beach SAMBO Teams Competition: 4 athletes per team Men: 71, +71 Women: 59, +59	POLIDEPORTIVO MONSERRAT
12/09	05:00-12:00	DELEGATIONS DEPARTURE	HOTEL - JUAN SANTAMARIA AIRPORT



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