



REGULATIONS

JUNIORS, YOUTH AND CADETS PAN AMERICAN CHAMPIONSHIPS

SPORT – COMBAT – BEACH SAMBO

COCHABAMBA, BOLIVIA 3 TO 7 MAY 2023

The Bolivian SAMBO Federation - **SAMBOL**, in coordination with the Pan American SAMBO Union - UPASA, with the support of the Vice Ministry of Sports of the Plurinational State of Bolivia call for the Pan American Juniors, Youth and Cadets Championships, in the disciplines of Sport SAMBO, Combat SAMBO and Beach SAMBO, under the following rules:

FACILITIES

Competition Venue

Coliseo La Tamborrada Hotel Villa Sudamericana **CEFED** - Cochabamba, Bolivia

ACCOMMODATION

Hotel of the Villa Sudamericana:

Includes:

- Breakfast, Dinner
- Double rooms with private bathroom
- TV with cable and remote control
- Full Internet, in all the rooms and facilities of the hotel.
- Free Wi-Fi
- Meeting room
- Gymnasium

Not Included:

- Extras in general
- Any damage that may arise within the rooms or facilities of the Hotel.

COMPETITION RULES

The competitions will be held under the FIAS Regulations.



COMPETITION DISCIPLINES

- Sport SAMBO: Cadets, Youth, Juniors (Men and Women)
- Combat SAMBO: Juniors (Men and Women)
- Beach SAMBO: Juniors (Men and Women)
- Beach SAMBO by Team: Juniors, TEAMS OF THREE (3) ATHLETES: TWO (2) MEN (71KG, +71KG) AND ONE (1) WOMAN (59KG).

WEIGHT CATEGORIES:

CADETS (2009-2007)		YOUTH (2007-2005)		JUNIORS (2005-2003)		Beach SAMBO (2005-2003)	
MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN
46	41						
49	44	53	47				
53	47	58	50	58	50		
58	50	64	54	64	54		
64	54	71	59	71	59		
71	59	79	65	79	65	58	50
79	65	88	72	88	72	71	59
88	72	98	80	98	80	88	72
+ 88	+ 72	+ 98	+ 80	+ 98	+ 80	+ 88	+ 72

WEIGH-IN

The weigh-in will be held according to the current FIAS Regulations. One athlete can compete only in one weight category, which corresponds to its actual weight and which is displayed on the official scale. Time and place of the weigh-in is indicated in the program.

IMPORTANT:

Athletes that compete in Sport SAMBO or Combat SAMBO and then compete in Beach SAMBO will not have the special weigh-in for the Beach SAMBO Championships and the registration will be based on the previous weigh-in for Sport SAMBO / Combat SAMBO.

Athletes that compete only in Beach SAMBO will have the weigh-in on May 5th at the venue (13:00-13:30).

NUMBER OF ATHLETES AND OFFICIALS PER DELEGATION

Each National Federation can enroll only one athlete per weight category in the event. An athlete can participate in more than one discipline, but always in the same weight category.



Note: Cadet category Sport SAMBO athletes born in the year 2007 are permitted to ALSO compete in Youth category Sport SAMBO event. Junior category Sport SAMBO athletes are permitted to also compete in Junior Combat SAMBO event.

In accordance with the International Regulations and the disciplines and weight categories, the delegation may be composed as follows:

- ATHLETES (56)
- COACHES: FIVE (5)
- REFEREES: FOUR (4)
- DELEGATE: ONE (1)
- MEDICAL PERSONNEL: ONE (1)

INTERNAL TRANSPORTATION

Transportation Airport - Hotel, Hotel - Airport, internal transportation is provided by the organizing committee.

INSURANCE

Each National Federation is responsible for its competitors and must assume all responsibility for accident and health insurance, as well as civil liabilities for its competitors and officials, during the Championships.

The Championships organizer shall not be responsible for any insurance related to the above mentioned matters.

The Championships organizer assumes no responsibility for any claims in cases of injury, illness or death arising out of participation or travel related to the championship.

Doctors will be available in case of emergencies for timely attention.

OFFICIAL REGISTRATION AND ACCREDITATION

Registration of athletes and coaches will be done through the FIAS Electronic System (FIAS Database) at <https://fms.sambo.sport/dashboard>. Each SAMBO National Federation must have a login ID and password. Admission of athletes and coaches to competitions will be done through the Database. All questions regarding registration in the FIAS Database should be directed directly to FIAS: info@sambo-fias.com and o.artemyuk@sambo-fias.com.

The deadline for final registration of all delegation members in the FIAS Database is April 11, 2023.

Official registration and issuance of accreditation cards will take place at the CEFED Hotel facilities.

At least one team official must attend in time to confirm the official registration of all athletes and other officials with his/her signature.

In case of unforeseen delay in the arrival of the delegation, the National Federation must immediately contact any of the Organizing Committee contacts.

An accreditation card with photograph will be issued to competitors, officials and media. This accreditation card must be carried at all times.

Passports or photocopies of the passports of all competitors must be available upon request.



REFEREES

Referees from other countries will be able to attend and will be evaluated in order to obtain the UPASA Level 3 Referee certificate, or a certificate of participation if they do not pass.

UNIFORMS AND EQUIPMENT CONTROL

All competitors must wear uniforms and accessories appropriate to the parameters established in the discipline.

VISA

The Organizing Committee is pleased to assist any country with obtaining visas for athletes and officials. For countries requiring a visa to enter Bolivia, please send to the Organizing Committee by March 10, 2023 a list of participants according to the visa application form with full names, passport numbers, date of birth and functions within the delegation.

Completed visa applications should be sent to: yerkocastro41@gmail.com

AWARDING

A gold, silver and 2 bronze medals will be awarded to the first 4 places with participation diplomas and a belt to the champion in each category.

Trophies will also be awarded to the top 3 countries with the most medals.

Trophies and awards will be given to the best athletes.

CODE OF CONDUCT

All National Federations, officials, coaches and athletes participating in the Championship must respect and accept the authority of UPASA and organizing committee.

NOTE

There will be a charge of **180 US dollars** for each athlete (person) covering the 4 days of the event which includes everything mentioned in the proposal these expenses were analyzed to cover the following:

- CLEANING
- BREAKFAST, DINNER
- INTERNAL TRANSPORTATION AIRPORT - HOTEL
- CREDENTIALS
- USE OF ALL ROOMS - GYM, SAUNA, AMONG OTHERS.

CONTACTS

Email: fed.boliviana.de.sambo@gmail.com

Cellular: (+591) 70130354 - 76713643 - 78713103 - 77504254

Facebook: Bolivian Sambo Federation FBS "Sam-Bol".



PROGRAM OF THE PAN AMERICAN CHAMPIONSHIPS

May 3 (Wednesday)	
06:30 – 18:00	Arrival of delegations, Registration (Hotel Villa Sudamericana CEFED)
10:00 – 15:00	Accreditation of participants (Hotel Villa Sudamericana CEFED)
15:30 – 16:30	Technical Meeting (Hotel Villa Sudamericana CEFED)
16:30 – 18:00	Meeting of the Pan American Representatives (Hotel Villa Sudamericana CEFED)
18:00 – 19:00	Weigh-in of the following categories (Hotel Villa Sudamericana CEFED) CADETS WOMEN (all weight categories) CADETS MEN (all weight categories) JUNIORS WOMEN COMBAT SAMBO (all weight categories) JUNIORS MEN COMBAT SAMBO (all weight categories)
20:00 – 22:00	Dinner (Hotel Villa Sudamericana CEFED)
May 4 (Thursday)	
08:00 – 09:30	Breakfast (Hotel Villa Sudamericana CEFED)
10:00 – 13:30	Preliminary bouts (Coliseo Tamborrada) CADETS WOMEN (all weight categories) CADETS MEN (all weight categories) JUNIORS WOMEN COMBAT SAMBO (all weight classes) JUNIORS MEN COMBAT SAMBO (all weight categories)
14:00 – 15:00	Weigh-in of the following categories (Coliseo Tamborrada) YOUTH WOMEN (all weight categories) YOUTH MEN (all weight categories) JUNIORS WOMEN SPORT SAMBO (all weight categories) JUNIORS MEN SPORT SAMBO (all weight classes)
15:00 – 16:00	OPENING CEREMONY (Coliseo Tamborrada)
16:00 – 18:00	CONTINUATION OF BOUTS (Coliseum Tamborrada)
19:00 – 21:00	Dinner (Hotel Villa Sudamericana CEFED)
May 5 (Friday)	
08:00 – 09:30	Breakfast (Hotel Villa Sudamericana CEFED)
10:00 – 13:00	Preliminary bouts (Coliseo Tamborrada) YOUTH WOMEN (all weight categories) YOUTH MEN (all weight categories) JUNIORS WOMEN SPORT SAMBO (all weight categories) JUNIORS MEN SPORT SAMBO (all weight categories)
13:30 – 14:30	RECESS (Coliseo Tamborrada)
15:00 – 17:30	Finals
17:30 – 19:30	AWARDING CEREMONY
19:30 – 22:00	Dinner (Hotel Villa Sudamericana CEFED)



May 6 (Saturday)	
08:00 – 09:30	Breakfast (Hotel Villa Sudamericana CEFED)
10:00 – 13:30	Pan American SAMBO Beach Championships
14:00 – 16:00	Beach SAMBO Team competitions (ARENALES)
16:00 – 17:00	AWARDING CEREMONY (ARENALES)
19:00 – 21:00	Dinner (Hotel Villa Sudamericana CEFED)
May 7 (Sunday)	
08:00 – 09:30	Breakfast (Hotel Villa Sudamericana CEFED)
10:00 – 12:30	Pan American Training Camp (SAMBO Techniques Base)
12:30 – 14:30	LUNCH (Coliseo Tamborrada)
15:00 – 18:00	Collective bouts
18:00 – 19:00	Closing ceremony of the training camp
19:00 – 22:00	Dinner
May 8 (Monday)	
08:00 – 09:30	Departure of delegations