

REGULATIONS

International seminar for SAMBO coaches July 13th – July 14th, 2023 Cuiabá (Brazil)

1. Dates and venue

The seminar will be held on July 13th – 14th, 2023 in Cuiabá (Brazil).

The seminar will be held in the Instituto federal de Mato Grosso IFMT.

Address of the venue: Professora Zulmira Canavarros street 95, Cuiabá, Mato Grosso, Brazil.

2. Participants

Coaches, who are included in the application from the National SAMBO Federation, are invited to participate in the seminar.

Coaches not included in the application of the national SAMBO Federation will not be admitted to the seminar.

3. Conditions and conducting

Accommodation, meals and transfer of participants are responsibilities of participants themselves. The sending organization takes charge of the costs associated with accommodation, meals and transfers of the participants of the seminar.

The fee for participation in the seminar is 100 US dollars, and to be paid at the accreditation.

The payment is made strictly in US dollars.

To participate in the seminar, the coaches must have a SAMBO uniform.

4. Accreditation

Each participant must register in the FIAS database on the seminar page.

Without an electronic application in the FIAS database, the participant will not be admitted to the seminar.

Admission of participants takes place at the accreditation point, which will be held on July 13th, 2023 at the Instituto federal de Mato Grosso IFMT, from 8:30 to 9:30 AM.

During the accreditation each participant must provide the Accreditation Commission with his passport or identity card.

5. Technical conditions

Those coaches who pass successfully the exam will be awarded with the qualification coaching degree of 1st level.

Those coaches, who fail to pass the exam, will be awarded with certificates of completion.

6. Visa support

All the participants will be provided with visa support, necessary for obtaining a visa in consular offices of the Brazil.

The Brazilian amateur SAMBO Confederation will provide the visa support for coaches according to an application in the FIAS Database.

7. Application

Applications from National Federations must be completed in the FIAS Database by July 1, 2023. Also, the application form must be sent by e-mail: cbsa@sambocbsa.com.br.

No other application methods will be considered.

8. Contacts

For a visa support:

Brazilian amateur SAMBO Confederation – CBSA.

Address: Travessa Santa Clara número 11 complemento 02, bairro Ponta D Área, Niteroi, Rio de Janeiro RJ, CEP: 24040-055 – Brazil.

Phone: + 5521 98388-4110 (Only WhatsApp)

e-mail: cbsa@sambocbsa.com.br

FIAS COACHES SEMINAR PROGRAM

July 13 (Thursday)	
08:30 – 09:00	Registration of participants
09:00 – 11:00	SAMBO techniques classification – theoretical studies
11:00 – 12:30	Rules on attestation of SAMBO athletes and SAMBO Clubs – theoretical studies
12:30 – 14:00	Break
14:00 – 14:45	SAMBO special exercises (breakfalls) – practical lesson
14:45 – 16:00	Technique in a standing position (hands throws) – practical studies
16:00 – 16:30	Break
16:30 – 18:00	Technique in a standing position (body throws) – practical studies
18:00 – 20:00	Self-study
July 14 (Friday)	
09:00 – 11:30	Technique in a standing position (legs throws) – practical studies
11:30 – 13:00	Technique in the ground position (hold down, turnings) – practical studies
13:00 – 14:00	Technique in the ground position (painful holds) – practical studies
14:00 – 14:30	Exam – practical studies
14:30 – 15:00	Exam – theoretical studies
15:00 – 15:15	Summing-up