



## **16TH AFRICAN SAMBO CHAMPIONSHIPS**

**DATE:**

**From July 16 to 18, 2022**

**VENUE:**

**Yaounde Multipurpose Sports Complex**

**Yaounde, Cameroon**

**Contact information**

**The Championships Director**

**Mr. François MBASSI**

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**The Federation Secretariat**

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**The organizing committee of**

**The Cameroon Nanbudo federation –National Sambo League**

**Invites you to participate**

**in the 16<sup>th</sup> African Sambo Championships.**

**The Championships will be organized under the aegis  
Of the Cameroon Ministry of Sports And Physical Education  
Of the International Sambo Federation (FIAS)  
and the African Sambo Confederation (C.A.S.)**

**REGULATIONS**  
**16<sup>th</sup> African SAMBO Championships**  
**Sport Sambo (M&W), Combat Sambo (M), Beach Sambo (M&W)**  
**Yaounde, Cameroon**  
**July 16-18, 2022**

**1. Date and venue**

- 1.1 The championships will take place from 16 to 18 July 2022 in Yaounde, Cameroon.
- 1.2 Place of competitions: Yaounde Multipurpose Sports Complex. Yaounde (Cameroon)
- 1.3 Accommodation: There will be several hotels for participants.

**2. Conditions of participation**

- 2.1 National Sambo Federations affiliated to the African Sambo Confederation (C.A.S.) may take part in the African Sambo Championships.
- 2.2 Not more than 1 athlete per weight category from the national team is allowed to take part in the competitions.
- 2.3 To enter Cameroon and participate in the competitions, each team member must pass COVID-19 PCR test in their respective country and have a negative result taken no earlier than 72 hours before arrival. The test results must be sent by e-mail to the Organizing Committee of the competitions, and a hard copy presented at the accreditation. All teams must check in advance all the travel requirements of their respective countries.
- 2.4 The preliminary applications with the number of participants should be sent to the Championships Organizing Committee no later than 15 June 2022 in accordance with Annex 1.
- 2.5 Cameroon Nanbudo Federation-National Sambo League will provide visa support for those delegations only, which will send their applications in due time in accordance with Annex 2 no later than 15 June 2022.
- 2.6 Applications for accommodation reservation and transfers shall be submitted to the Organizing Committee no later than 15 June 2022, in accordance with Annex 3.
- 2.7 The final applications with all updates for the registration of athletes in weight category should be submitted no later than 01 July 2022, in accordance with Annex 1.
- 2.8 Registration of the athletes should be made in the FIAS Electronic System (FIAS Database) at <https://fms.sambo.sport/login>. Each National Sambo Federation should get a login, a password and the instructions how to use the Database. Admission of the athletes to the competitions will be carried out through the Database. Preliminary application through the Database should be made no later than 15 June 2022.

**3. Technical specifications of the Championships**

The competitions will be held among Men and Women (adults).

Sports Sambo (Men) - 58, -64, -71, -79, -88, -98, +98 Kg

Sports Sambo (Women) - 59, -65, -72 Kg

Combat Sambo (Men) - 58, -64, -71, -79, -88, -98, +98 Kg

Beach sambo (Men) – 58, -71, -88, +88 Kg

Beach sambo (Women) - 59, -65, -72 Kg

- 3.1. Competitions are conducted in accordance with applicable Rules of Sambo and Regulations of FIAS.
- 3.2 Each athlete must undergo a medical examination before leaving the country for the Championships. Results of medical examinations should be marked in the FIAS medical sheet.

3.3 All participants, coaches, referees and representatives must have personal international medical insurance. The insurance will be checked at weigh-in. Without health insurance athletes are not allowed to participate in the championships.

3.4 Organizing Committee guarantees the first aid for all participants of the delegations.

3.5 Competitors must perform in licensed Sport Sambo/Combat Sambo/Beach Sambo uniform.

3.6 According to the prevalent FIAS Competition Rules and Regulations, all competitors must affix a Back Number Patch on their SAMBO jackets (for both red and blue jackets) indicating surname and name (no more than 12 letters) as well as the country code of the competitor. The Back Number Patches must be self-arranged by the concerned National Sambo Federation in accordance to FIAS Specifications. Athletes who do not have a back number affixed on the back of their SAMBO jackets will not be allowed to compete.

3.7 Team places are defined according to the points in the individual classification.

3.8 Each delegation must provide the Organizing Committee with 2 flags of its country (1x2 meters) and an audio recording of the national anthem (CD).

3.9 Any delay in the confirmation of registration or delay in the weigh-in will result in disqualification.

#### **4. Financial terms**

4.1 FIAS will take into account the official requests for assistance from the National Sambo Federations addressed to FIAS President Vasily SHESTAKOV and will consider them on an individual basis. Please note that the official requests on the letterhead of the National Federation must be sent to Sofia RYAZANOVA at [ryazanova@sambo-fias.com](mailto:ryazanova@sambo-fias.com) not later than **15 June 2022**. Requests for assistance sent after the deadline will not be accepted.

4.2 For each member of each delegation the costs of travel and accommodation in Cameroon are the responsibility of the National Federation of the participating country (100 USD per person per day in half-board).

4.3 Airport-hotel-airport transfer fees as well as hotel-sports complex-hotel transfer are at the charge of the organizers.

4.4 The heads of delegations must resolve all financial issues with the organizing committee on the day of arrival and fulfill all the requirements for accreditation.

4.6 The cost of the FIAS license is 60 USD, which also includes international sports insurance for the selected FIAS competitions. These competitions are included in the list of FIAS international competitions selected for the 2022 insurance program; the NSF is responsible for informing of athletes and officials with the Insurance Rules in advance. Each participant paying 60 USD for the FIAS license fee is automatically included into the insurance programme and gets a medical sports insurance. According to the insurance programme rules it is not prohibited to have another insurance but the price for license will remain 60 USD. Any other member of the team (officials), also wishing to be included in the FIAS insurance programme, may do so, by making the according payment in amount of 60 USD.

License payment and insurance of participants of the Competitions should be executed by the National Sambo Federations whose teams take part in the Competitions.

#### **5. Doping control**

5.1 The doping tests are carried out by the official Anti-Doping organization or sample collection provider recognized and approved by WADA. The selection of athletes would be according to the 2021 FIAS Anti-Doping rules which are based on 2021 WADA Anti-Doping Code.

After receipt of notification until arrival at the point of doping control the selected athletes will be always accompanied by the official representative of the organization. The selected athlete has right to be accompany by one representative who helps him with translation. The official language during the doping control is English. If the Organizing Committee does not provide participants with accreditation with the photo on it, the selected athlete will be required to provide a valid passport or identity document at the point of doping control. All athletes are required to plan in advance the date and the time of their departure from the competitions taking into consideration that any athlete could be chosen for doping test.

## 6. Awarding of prize-winners and official ceremonies

6.1 Prize-winners will be awarded with medals and diplomas.

6.2 Competitors participate in the official ceremonies of the African Championships in red jackets.

6.3 To honor the champions the national anthem will be performed and the national flag will be raised.

6.4 Four medals will be given in each category.

6.5 As part of the promotion of African Sambo, for all categories and disciplines (men and women, Sport Sambo and Combat Sambo), a podium will only be possible if athletes of several nationalities (at least three) are present.

6.6 Representatives of the National Federations will be admitted to the VIP area in the corresponding clothing only, the admission in sportswear will be prohibited.

## 7. Confirmation of participation

Please send any inquiries to:

**Cameroon Nanbudo Federation- National Sambo League (Yaounde, Cameroon)**

**President – Mr. Francois Mbassi**

**Mobiles: +237699945995**

**E-mail: [cmrsambo@yahoo.fr](mailto:cmrsambo@yahoo.fr)**

## 8. PCR Test will cost 50USD /Person

**Looking forward to seeing you in Yaounde,  
Please accept our most distinguished sporting greetings.**

**THE PRESIDENT  
OF AFRICAN SAMBO CONFEDERATION**

**MR. DALIL SKALLI**



**THE PRESIDENT OF THE CAMEROON  
NANBUDO FEDERATION**

**MR. FRANCOIS MBASSI**



## PROGRAMME

<b>Tuesday July 12, 2022</b>	
<b>Arrival of delegations</b>	
<b>Check in and accreditation (CNPS Lodge)</b>	
<b>Wednesday July 13, 2022</b>	
<b>Arrival of delegations</b>	
<b>Check in and accreditation (CNPS Lodge)</b>	
<b>Thursday July 14, 2022</b>	
<b>African Referees Seminar</b>	
<b>Friday July 15, 2022</b>	
<b>09h30 -12h00</b>	C.A.S. Congress (CNPS Lodge)
<b>16h00-17h00</b>	Referees Meeting (CNPS Lodge)
<b>17h00-18h00</b>	Technical Meeting and Draw (CNPS Lodge)
<b>18h00 - 19h00</b>	Medical Check-up (CNPS Lodge) - Weigh-in of the following categories: • Women: 59, 72 Kg (Sport Sambo) • Men: 58, 71, 88, 98+ Kg (Sport Sambo) • Men: 64, 79, 98 Kg (Combat Sambo)
<b>Saturday July 16, 2022</b>	
<b>10h00 - 14h00</b>	Preliminaries • Women: 59, 72 Kg • Men: 58, 71, 88, 98+ Kg (Sport Sambo) • Men: 64, 79, 98 Kg (Combat Sambo)
<b>15h00- 16h00</b>	Medical Check-up (Palais du Sport) - Weigh-in of the following categories: • Women: 65 Kg (Sport Sambo) • Men: 64, 79, 98 Kg (Sport Sambo) • Men: 58, 71, 88, 98+ Kg (Combat Sambo)
<b>18h00 - 18h45</b>	Opening Ceremony
<b>19h00</b>	Finals
<b>Sunday July 17,2022</b>	
<b>10h00 - 14h00</b>	Preliminaries • Women: 65 Kg (Sport Sambo) • Men: 64, 79, 98 Kg (Sport Sambo) • Men: 58, 71, 88, 98+ Kg (Combat Sambo)
<b>16h30 - 18h00</b>	Finals
<b>18h30-19h00</b>	Closing Ceremony
<b>Monday July 18, 2022</b>	
<b>10h00 - 14h00</b>	Beach sambo (Men) - 58, 71, 88, 88+ Kg Beach sambo (Women) - 59, -65, -72 Kg
<b>Monday 18 July 2022 and Tuesday 19 July 2022</b>	
<b>Departure of delegations</b>	

