

Approved by the President
Sambo Union Asia & Oceania



Alamjon Mullaev
8th October 2026

Approved by the President
South Asia SAMBO Union



R.M Faizur Rahman
8th October 2026

Agreed by the President
Sambo Federation Sri Lanka



Dinesh Jaysinghe
8th October 2026

Rules & Regulations
The 3rd South Asia SAMBO Championships 2026
Sports and Combat SAMBO (M/F) for Adults & Juniors (M/F)
Sports Sambo for Youth & Cadets (M/F)
at the Air Force Indoor Stadium, Thummulu, Colombo, Sri Lanka
from 8th to 12th December 2026.

1. Goals and objectives.

Development and popularization of all types of SAMBO in Sri Lanka and across the South Asia regional Nations. Improving the professional skills and competitiveness of athletes, widespread involvement of the population in systematic sports, promotion of a healthy lifestyle. The 3rd South Asia SAMBO Championships are organized to promote and develop SAMBO as a Regional Olympic sport across South Asia.

2. Organizers of the competition.

The general management of the organization and holding of this Championships shall be carried out by the Sambo Federation Sri Lanka (SFSL), under the auspices of the Sri Lanka Ministry of Youth Affairs and Sports, the South Asia Sambo Union (SAS) and the Sambo Union of Asia and Oceania (SUAO), under the International SAMBO Federation (FIAS)

3. Dates and Venue.

SUAO/ FIAS Referee Certification Seminars for SAMBO Coaches and SAMBO Referees will be held on 8th to 10th December 2026 and the 3rd South Asia SAMBO Championships will be held from 10th to 12th December 2026, at the Air Force Health Management Centre (HMC) Indoor Stadium, in Thummulu, Colombo, Sri Lanka.

4. Participation Categories

4.1. Competitions are held in accordance with the rules for organizing and holding official FIAS competitions (sports and organizational rules) (hereinafter referred to as the rules).

4.2. Competitions are to be held in the following age and weight categories

Adults: 18 years and above [Year of Birth 2005 and below]

Sports SAMBO (Male)	Sports SAMBO (Female)	Combat SAMBO (Male)	Combat SAMBO (Female)
58	50	58	50
64	54	64	54
71	59	71	59
79	65	79	65
88	72	88	72
98	80	98	80
+98	+80	+98	+80

Juniors (M/W): 18-20 years old [Born 2006-2008]

Sports SAMBO (Male)	Sports SAMBO (Female)	Combat SAMBO (Male)	Combat SAMBO (Female)
-58	50	-58	50
-64	54	-64	54
-71	59	-71	59
-79	65	-79	65
-88	72	-88	72
-98	80	-98	80
+98kg	+80kg	+98kg	+80kg

Youth: 16-18 years old [Born 2008-2010]

Sports SAMBO (Male)	Sports SAMBO (Female)
-53	- 45
-58	- 47
-64	- 54
-71	- 59
-79	- 65
-88	- 72
-98	- 80
+98kg	+ 80kg

Cadets: 14-16 years [Date of Birth 2010 - 2012]

Sports SAMBO (Male)	Sports SAMBO (Female)
-46	-41
-49	-44
-53	-47
-58	-50
-64	-54
-71	-59
-79	-65
+88kg	+72kg

5.0 Participation criteria

5.1 Junior category Sports SAMBO athletes are permitted to ALSO to compete in either Adults sports Sambo event or in the Adults Combat SAMBO event but NOT in both Adult category Athletes can compete in both Sport SAMBO and in Combat SAMBO

5.2 Youth category Sports SAMBO athletes are permitted to ALSO to compete in either Juniors SportSAMBO event or in the Junior Combat SAMBO event but NOT in both.

5.3 Cadets category Sports SAMBO athletes are permitted to ALSO to compete in either Adult sport SAMBO event or in the Youth Combat SAMBO event but NOT in both.

5.4 A maximum of TWO M/F athletes per weight category per event are permitted to be entered.

5.5 All South Asian National SAMBO Federations & Associations that are members in good standing of the Sambo Union of Asia and Oceania have the right to take part in the 3rd South Asia SAMBO Championships. The Championships of each national team must comply with the current FIAS/ SUA O rules.

5.6 Official delegation for the Championship shall include:

1. Team leader	1
2. Coaches	5
3. Doctor	1
4. Masseur	Male 1 Female 1 = 2
5. Athletes	88 x 2 = 176
Total	185

5.7 The 3rd South Asia SAMBO Championships shall be held in the individual competition according to the Olympic system, with the "repechage" of the semi-finalists and the system of direct elimination in combat SAMBO. Team places are determined by the total number of medals.

6.0 Visa Support

Visa Support Participants who require a visa to enter Sri Lanka Participants who require a visa to enter Sri Lanka, should apply for a visa at the appropriate Embassy of the Sri Lanka / Consulate in their respective Countries or ETA visa on line <https://eta.gov.lk/etaslvisa/etaNavServ> . The Organizing Committee of the **Sambo Federation Sri Lanka** will provide the necessary visa support [if so required] subject to prior notification by email to operations@ceylontp.com . Applications & Visa Support Deadline: 18.00 [Sri Lanka time] on 8th November 2026.

6.1. Applications sent beyond 8th November 2026 will not be guaranteed visa issuance on time and OC will not take any responsibility whatsoever for any such late submissions. All expenses related to visas in this case should be covered by the delegations. Copies of the official Visa Support forms correctly completed, along with scanned passport copies and color passport size photos of each participant must be submitted by email to operations@ceylontp.com on or before 8th November 2026.

7.0. Hotel Accommodation

The Organizing Committee shall arrange hotel accommodation with two meals for each participant, as under :

7.1 Options for Athletes and Coaches

The Steuart by Citrus (3 Star)

No.45, Hospital Lane,
Colombo 01, Sri Lanka

Fairway Colombo (3 Star)

No. 07, Hospital Street,
Colombo 01 , Sri Lanka

7.2 Options for ITOS [Referees n Technical Secretaries]

The Kingsbury Colombo (4 star)

No.48, Janadhipathi Mawatha,
Colombo 01, Sri Lanka

Cinamon Lakeside (4 Star)

No. 115, Sir Chittampalam A. Gardiner Mawatha,
Colombo 02, Sri Lanka.

7.3 Options for VIPS /State heads

The Kingsbury Colombo (4 star)

No.48, Janadhipathi Mawatha,
Colombo 01, Sri Lanka

Options for VVIP – Cinnamon City of Dreams [Self Pay basis]

Cinnamon Life at City of Dreams

No. 01, Justice Akbar Mawatha,
Colombo 02, Sri Lanka

7.4 Accommodation in official hotels including breakfast and dinner for all participants at Colombo, shall cost as under:

The cost of accommodation for a 3(three) stars hotel shall be:

- a) Triple Occupancy room : USD 80.00 per person per night;
- b) Double Occupancy room : USD 100.00 per person per night;
- c) Single Occupancy room : USD 150.00 person per night.

The cost of accommodation for 4(four) stars hotels should be:

- a) Triple Occupancy room : USD 120.00 per person per night;
- b) Double Occupancy room : USD 150.00 per person per night;
- c) Single Occupancy room : USD 200.00 per person per night.

7.5 It is mandatory for all participants to reside in the official hotels for a minimum of THREE nights.

NOTE: Room Booking form with dates and time of arrival / departure [Appendix No.2] must be submitted by email by each NSF on or before the deadline of 8th November 2026 to operations@ceylontp.com

7.6 All teams are provided with rooms on the basis of a hotel booking form submitted by the National Federation, which must be submitted to the Organizing Committee no later than 8th November 2026.

7.7 If, after the official deadline for submitting applications, the National Federation reduces the number of the delegation, the representative is obliged to pay for the accommodation for the first night for each absent person room - 200 US dollars per night.

7.8 Upon preliminary request, the Organizing Committee shall provide special meals for the competitors of the competition, taking into account the national and religious characteristics of the cuisine.

8.0 Airport Transfer / Venue Transfer

8.1 The organizing Committee shall provide means of transfer/ transportation for the arrival and departure of representatives and competitors between the airport and the official hotels, as well as between the Championship venue and the training halls and the official hotels.

8.2 The cost of providing such transfers / transportation shall be USD 50.00 per participant

8.3 Transfer vehicles for the arrival and departure of each delegation shall be provided only once and only on the official days of arrival and departure of the delegations specified in the Championship program.

8.4 Transport / Transfer shall be provided only for participants who stay in official hotels offered by the Organizing Committee.

9.0 Registration

9.1 Registration of teams for the competition shall be carried out through official entry forms (according to Appendix No. 1 and 2) and must be submitted to the Organizing Committee of the 3rd South Asia SAMBO Championships 2026, by email: srlankasambo@gmail.com and to operations@ceylontp.com, no later than 8th November 2026. All National SAMBO Federations must send the completed registration forms, signed by the President or the Secretary General with the seal of their National Federation, and the national anthem (not longer than 1 minute in mp3 format) to the Organizing Committee of the Championship by email srlankasambo@gmail.com, and to operations@ceylontp.com, no later than 8th November 2026.

9.2 Annex No. 1 – Entry Forms for participation – **deadline on or before 8th November 2026**.

Appendix No. 2 – List with dates and times of arrival / departure – **deadline on or before 8th November 2026**

The following documents for each athlete are to be attached to the entry application:

- Clear copy of the participant's valid passport
- Visa standard higher resolution photo of each participant with white background
- A medical certificate of fitness for these competitions;

9.3 Participants who do not have an accreditation card are not allowed to participate in competitions.

10.0 Back Patches for Competition Uniforms

10.1 In accordance with the current FIAS Competition Rules, all participants must attach a back patch to their SAMBO Jackets for all competitions (for both red and blue Jackets). This back patch must indicate the last name of the athlete (no more than 12 letters), as well as the athlete's three letter country code.

10.2. The patch must be sewn/attached by the respective national SAMBO Federation in accordance with the FIAS specifications prior to the departure from home country. Athletes who do not have a patch on the back of their SAMBO Jacket are not allowed to compete.

11.0 Seminar Entry Fees

11.1 All participants of the 2026 FIAS/SUAO South Asia Referee certification and Technical Secretaries Certification seminar must pay at the time of registration in Colombo, Sri Lanka, a sum of USD 100.00 per person to SUA0, as examination and certification fees.

11.2 All participants of the 2026 FIAS/SUAO National coaches certification seminar must pay to SUA0, at the time of registration in Colombo, a sum of USD 100.00 per person, as examination and certification fees.

12.0 Conditions and Procedures

Competitions are held in accordance with the "Regulations for the organization and holding of the official FIAS competitions (Sports Organizational Rules)" and "International SAMBO Competition Rules". Refereeing of the competition is assigned to the panel of ITOs, as approved by the FIAS/SUA0.

12.1 Only SUA0 / FIAS certified ITOS having a having a valid 2026 FIAS/ SUA0 license shall be allowed to officiate in the competition.

12.2 The organizing committee guarantees the provision of first aid (medical care) to all participants during the entire duration of the competition, both in official hotels and in the arena (if necessary).

12.3 Neither SUA0 nor SAS nor the SAMBO Federation Sri Lanka (SFSL), nor its officers, officials or assigns shall in any way whatsoever be held liable for any injury or any personal loss experienced by any participant or official invitee throughout their visit to Sri Lanka.

12.4 All participants take part in the 3rd South Asia SAMBO Championships 2026 at their own risk and personal liability and must undertake medical and other insurance policies to cover such risks

13.0 Anti-Doping

Doping controls shall be carried out by ITA / Anti-Doping Organization accredited by WADA. The athletes will be selected in accordance with the requirements of the FIAS Anti-Doping Rules 2026 which are based on the 2026 WADA Code.

From the time of notification until an arrival to the Doping Control Station, the selected athletes will be accompanied by chaperone trained by the Anti-Doping Organization responsible for sample collection at the event. The selected athlete may also be accompanied by one (1) representative to assist him or her with translation.

13.1 The official language to be used during the doping control procedure shall be English. If the Organizing Committee does not provide accreditation with photo of the athlete, the selected athlete will be required to present a valid passport or other identification document at the Doping Control Station. All athletes are required to plan the date and time of their departure in consideration they maybe selected for doping control. All costs of Anti- Doping Testing shall be borne host SAMBO Federation Sri Lanka

14.0 Awards

All winners will be awarded with Gold, Silver and Two Bronze medals and along with merit diplomas. Participants who have won medals are required to wear red SAMBO uniforms at allofficial awarding ceremonies. Non-medalists will be issued with participation certificates.

15.0 Financial Conditions

Heads of all national Sambo delegations must settle all financial obligations with the Organizing Committee / SUA0 on the day of arrival and fulfill all accreditation requirements.

15.1 The SAMBO Federation Sri Lanka shall provide free hotel accommodation with meals and dedicated transport for the SUA0 Technical Delegate, all SAS Executive Board Members and also for the Chief Referee, the Chief Secretary (Single Occupancy rooms) and double occupancy rooms for a maximum of 18 International certified ITOs as may be approved by SUA0/ FIAS.

16.0 Accreditation

All participants must go through the accreditation procedure, which will take place at the main official hotel in Colombo. During the accreditation procedure, National Team Leaders shall submit along with all requisite payments and fees, the following documents to the Organizing committee: a valid passport, a USB drive with the national anthem (no more than 1 min.), and medical insurance policy (original).

17.0 Marketing and Advertising

The Organizing Committee guarantees the observance of the rights of FIAS / SUA0 partners and sponsors, provided for by the relevant agreements. All rights to broadcast this event belong to the FIAS / SUA0 and may be delegated to the SAMBO Federation Sri Lanka

18.0 Main Contacts

Host Federation

SAMBO Federation Sri Lanka

Mr. Dinesh Jaysinghe: President

Ms. Damyanthi Premarathna: Secretary General

Mob: +94 76 804 6767 / +94 74219 2358

Email: srlankasambo@gmail.com

Host Organizing Committee

Ms. Roshell Perera: Head of Operations

Mob: +94 702434346

Email : operations@ceylonotp.com

Regional Authority

South Asia SAMBO Union (SAS)

Mr. R.M Faizur Rahman: President SAS

Mob:+8801730-359655

Email:sasf.continental@gmail.com

Continental Authority

SAMBO Union of Asia & Oceania SUA0

Mr. Suresh Gopi : Technical Delegate

Mob: +91 98 8080 8888

email: suresh@sambo.asia

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SCHEDULE OF EVENTS

No.	Date	Time	Events
1.	Monday 7 th December 2026	ALL DAY	Arrival of participants of the 2026 FIAS / SUA0 Regional Referee Certification Seminar and the 2026 Regional Certification Seminar for SUA0 Coaches and SUA0 Technical Secretaries.
2.	Tuesday 8 ^h December 2026	09:00-10:00	Registration and accreditation FIAS/SUA0 Coaches / Referees / Tech Secs Seminar at Official Hotel
3.	Tuesday 8 th December 2026	10:00 – 13:00	Coaches and Referees Seminar: Theoretical Studies Technical Secretaries Seminar
4.	Tuesday 8 ^h December 2026	15:00– 18:00	Coaches and Referees Seminar: Practical Studies Technical Secretaries Seminar
5.	Wednesday 9 th December 2026	ALL DAY	Arrival of all officials and athletes for Cadets, Youth, Junior and Adult SAMBO Championship events
6.	Wednesday 9 th December 2026	09:00 – 18:00	Registration and accreditation of all delegates, officials and athletes at Official Hotel
7.	Wednesday 9 th December 2026	10:00- 13:00	Coaches / Referee / Tech Secretaries Seminar: Theoretical and practical Studies
8.	Wednesday 9 th December 2026	15.00 to 18:00	Coaches, Referees, Tech Secs: Practical Studies
9.	Wednesday 9 th December 2026	18:30 -19:30	Examinations for Coaches and Referees and Technical Secretaries
10.	Wednesday 9 th December 2026	17:00 – 19:00	Weigh in for Cadet Sports Sambo [Male/ Female] [all weight categories] Weigh in for Youth Sports Sambo [Male/ Female] [all weight categories]
11.	Wednesday 9 th December 2026	19:00 – 21:00	Technical meeting. Bout draws for ALL categories of Adults, Juniors, Youth and Cadets at Official Hotel
12.	Thursday 10 ^h December 2026	09:00-11:00	Registration and 2026 Annual Congress of the South Asia SAMBO Union
13.	Thursday 10 th December 2026	10:00-14:00	Preliminary bouts Cadets Sports Sambo Male / Female [All Weight Categories] Preliminary bout Youth Sport Sambo Male/Female [All weight Categories]
14.	Thursday 10 th December 2026	1600 -18:00	Final matches and Medal awarding ceremony for Cadets Sports sambo M/F Final matches and Medal awarding ceremony for Youth Sports Sambo [Male/Female]

15.		15:00 – 17:00	Weigh in for Juniors Combat Sambo [Male/ Female] All weight Categories Weigh in for Adults Sports Sambo [Male/ Female] All Weight Categories
16.	Friday 11 th December 2026	10:00 – 14:00	Preliminary bouts Juniors Combat Sambo [Male /Female] Preliminary bouts Adult Sports Sambo [Mac / Female]
17.	Friday 11 th December 2026	16,00-1630	Opening Ceremony
18.	Friday 11 th December 2026	16.30 – 18.30	Final bouts and Medal awarding ceremony for Juniors Combat Sambo Male/ Female for Adults Sports Sambo Male Female
19.	Friday 11 th December 2026	16:00-17:00	Weigh-in for Juniors Sports Sambo Male/Female All Weight Categories Weigh-in for Adults Combat Sambo Male/ Female All Weight Categories
20.	Saturday 12 th December 2026	10:00 – 14:00	Preliminary bouts for Juniors Sports Sambo Male/ Female Preliminary outs for Adult Combat Sambo Male/ Female
21.	Saturday 12 th December 2026	16:00 – 18:00	Final Bouts and Medal Awarding for Juniors Sports Sambo Male/ Female for Adults Combat Sambo Male/ Female
22.	Saturday 12 th December 2026	20:00-22:00	Gala Dinner for Officials, ITOs and VIPs
23.	Sunday 13 th December 2026	By 12 noon	Departure of all participants other than participants who have entered for the 2026 SUA0 Continental Beach SAMBO Championships