



"Approved"
European Sambo Federation
President
Sergey Edseev



"Approved"
Latvian Sambo Federation
President
Jurijs Polakovs



REGULATIONS of
Cadets European Open Sambo Championship
The 6-9 of December, 2019
Riga, Latvia

1. General terms.

- 1.1 Cadets European Open Sambo Championship carried out in accordance with applicable Rules of Sambo and Regulations of FIAS and EFS.
- 1.2 Cadets European Open Sambo Championship will be organized and conducted by the European Sambo Federation (ESF) and the Latvian Sambo Federation (LSF), with the support of the Sport Department of Riga City Council, Latvian Union of Sport Federations.
- 1.3 Cadets European Open Sambo Championship held to popularize and develop sambo in Europe and world strengthen the sport of international relations.

2. Date and venue.

- 2.1 The competition will take place from 6th to 9th of December 2019 in Riga, Latvia.
- 2.2 Place of competition: "Daugava" sport hall, Kr.Barona str. 107, Riga.
- 2.3 Place of accreditation: «Days Hotel Vef», Brivibas gatve 199c, Riga.
- 2.4 Place of residence: «Days Hotel Vef», Brivibas gatve 199c, Riga.

3. Applications for participations.

- 3.1 National Sambo federations affiliated to the International Sambo Federation will take part in Cadets European Open Sambo Championship.
- 3.2 Official delegation:
President/Representative – 1
Coaches – 6
Athletes – 20 (one per each weight category)
Medical - 3
Masseur - 2
- 3.3 A) The preliminary applications for the number of participation should be sent to the Championship Organizing Committee info@sambo.lv till 12th of October 2019 in accordance with Annex № 1.
B) Latvian Sambo Federation will provide visa support for those delegation, which will provide lists of participants in a timely manner in accordance with Annex № 2 till 12th of October 2019.

C) Applications for booking accommodation and transfers schedule shall be submitted to the Championship Organizing Committee no later than 6th of November 2019, in accordance with Annex № 3.

D) The final applications for the registration of athletes in weight category should be submitted to the Championship Organizing Committee no later than 22nd of November 2019, in accordance with Annex №4. (Copy to euosambo@gmail.com)

4. Technical terms.

4.1 Weight categories:

Boys born in 2003-2004: -42,-46,-50,-56,-60,-66,-72,-78,-84,+84 kg

Girls born in 2003-2004: -38,-41,-44,-48,-52,-56,-60,-65,-70,+70 kg

4.2 Competitions are conducted in accordance with the rules of FIAS.

4.3 Only referees of the international category with official ESF invitation are allowed to officiate. Referees' work is paid by EFS.

4.4 All delegations must have an audio track of the national anthem (CD), 2 National flags (1 X 2 meters).

5. Financial conditions.

5.1 Each member of the official delegation is obliged to contribute 90 €/day (2 meals, accommodation) to the Organizing Committee. The minimum duration of accommodation is two days. Teams will be provided with single rooms according to the number of people in the team:

- 14 people in a team or more - 2 single rooms;

- 13 people in a team or less - 1 single room.

Cost of every additional single room is 110 €/day.

5.2 The cost of transfer from airport/railway station to the official hotel and back and during the competitions from official hotel to the competition venue and back is 20 € for each team member.

5.3 Heads of delegations shall settle all financial conditions issues and meet accreditation requirements on the day of arrival.

5.4 Delegates not accommodated via the organizer have to pay an accreditation fee of 150 € per person (meals, accommodation and transfer are not included).

5.5 The Organizing Committee provides meals and accommodation for the EFS President, the EFS Secretary General, the Chairman of referee's commission, the Chief Referee, the Chief Secretary and referees in accordance with the rules of EFS.

6. Insurance and FIAS license.

6.1. Each National Federation is responsible for health insurance, as well as civil liability for its athletes and representatives, including appointed referees, during the European Championships.

6.2 After January 1, 2019 the FIAS license costs 60 USD, which includes an international sports insurance for the selected competitions in the FIAS calendar. Each participant that paid 60 USD for the FIAS license fee will automatically receive a medical sports insurance. According to the insurance program rules it is not prohibited to have another insurance but the price for license will stay 60 USD.

6.3 All participants, coaches, referees and representatives must have medical insurance. Insurance and license of participants of the Competitions should be paid by National Sambo Federations whose teams take part in the competitions.

6.4 The Organizing Committee guarantees to provide all participants with the first aid (if necessary).

7. Awarding.

7.1 Athletes who won prize places will be awarded with medals and diplomas.

7.2 Teams that won prize places will be awarded with cups. Team places are determined by the number of medals.

7.3 Competitors participating in the awarding ceremony shall wear a red uniform.

8. Contacts and bank details.

The Organizing Committee

Name: „Latvijas Sambo federacija”

Reg. №: 40008023459

Address: E. Birznieka-Upisa 21E, Riga, LV-1011

Bank: AS Swedbank

Account: LV29HABA0551044257588

Swift: HABALV22

e-mail: info@sambo.lv

ph. +371 67880557 office

m.ph. +371 29638973 Andrew Koltushkin, Secretary General

PROGRAMME
 Cadets European Open Sambo Championship
 The 6-9 of December 2019
 Riga, Latvia

Friday, the 6th of December		
10.00-17.00	Arrival of delegations, accreditation	«Days Hotel Vef»
17.00-18.00	Referee's and coach's meeting	«Days Hotel Vef»
18.00-19.00	Weigh-in: Boys: -42, -50, -60, -72, -84 kg Girls: -38, -44, -52, -60, -70 kg	«Days Hotel Vef»
Saturday, the 7th of December		
10.00	Preliminaries: Boys: -42, -50, -60, -72, -84 kg Girls: -38, -44, -52, -60, -70 kg	“Daugava” sporthall
15.00-16.00	Weigh-in: Boys: -46, -55, -66, -78, +84 kg Girls: -41, -48, -56, -65, +70 kg	“Daugava” sporthall
17.00	Opening Ceremony Finals Awarding Ceremony	“Daugava” sporthall
Sunday, the 8th of December		
10.00	Preliminaries Boys: -46, -55, -66, -78, +84 kg Girls: -41, -48, -56, -65, +70 kg	“Daugava” sporthall
16.00	Finals Awarding Ceremony	
Monday, the 9th of December		
	Departure of delegations	