

1st Edition of the International Open Tournament of the Economic Community of Central African States (ECCAS)

DATE:

From September 27 to 29, 2024

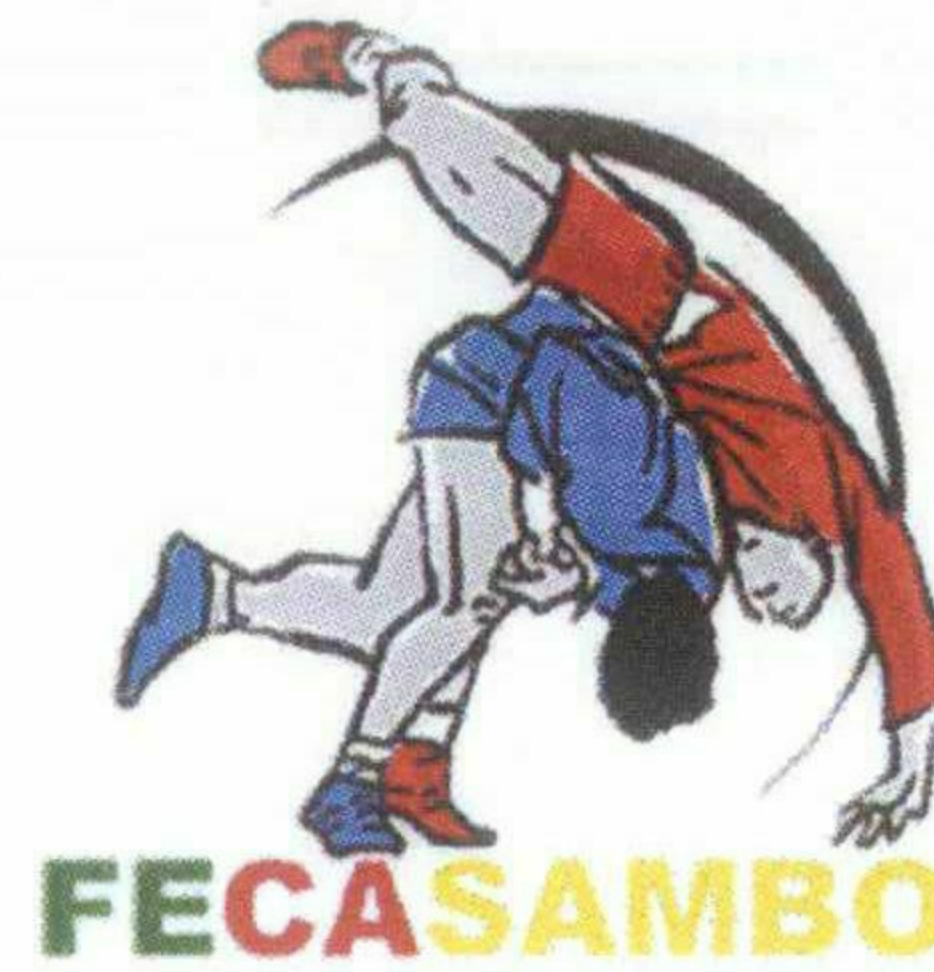
LOCATION:

Mfandena Omnisport Gymnasium, Yaounde

**The organizing committee
The Cameroonian Sambo Federation**

**Invites you to participate
In the 1st Edition of the ECCAS International Open Tournament.**

**This Tournament will be organized under the aegis of
The Ministry of Sports and Physical Education (Minsep),
The International Sambo Federation (IASF)
And the African Sambo Confederation (CAS).**



REGULATIONS FOR THE ECCAS OPEN TOURNAMENT YAOUNDE- CAMEROON 2024

INTRODUCTION

These regulations aim to define the rules and procedures of the 2024 ECCAS International Open Tournament, organized by Cameroon. These regulations apply to Sport Sambo (M&W), Combat Sambo (M&W), competitors, officials, and organizers of the competition (ECCAS Tournament 2024).

References:

- Sambo Competition Rules
- FIAS Competition Regulations

1. Organization of the Competition

1.1 The organizing committee is composed of members of the Cameroonian Sambo Federation (FECASAMBO) designated by the President of the Federation and any third party solicited by the President of FECASAMBO.

1.2 The missions of the organizing committee consist of planning, organizing, managing, and supervising the competition in all its sporting, event, and managerial aspects.

1.3 The specific missions of the organizing committee include welcoming, guiding, transporting, and selecting accommodation sites for foreign delegations. The Cameroonian Sambo Federation (FECASAMBO) will provide visa assistance only to these delegations.

2. Date and Location

2.1 The Tournament will be held from September 27 to 29, 2024, in Yaoundé, Cameroon.

2.2 Competition venue: Mfandena Omnisport Gymnasium, Yaoundé, Cameroon.

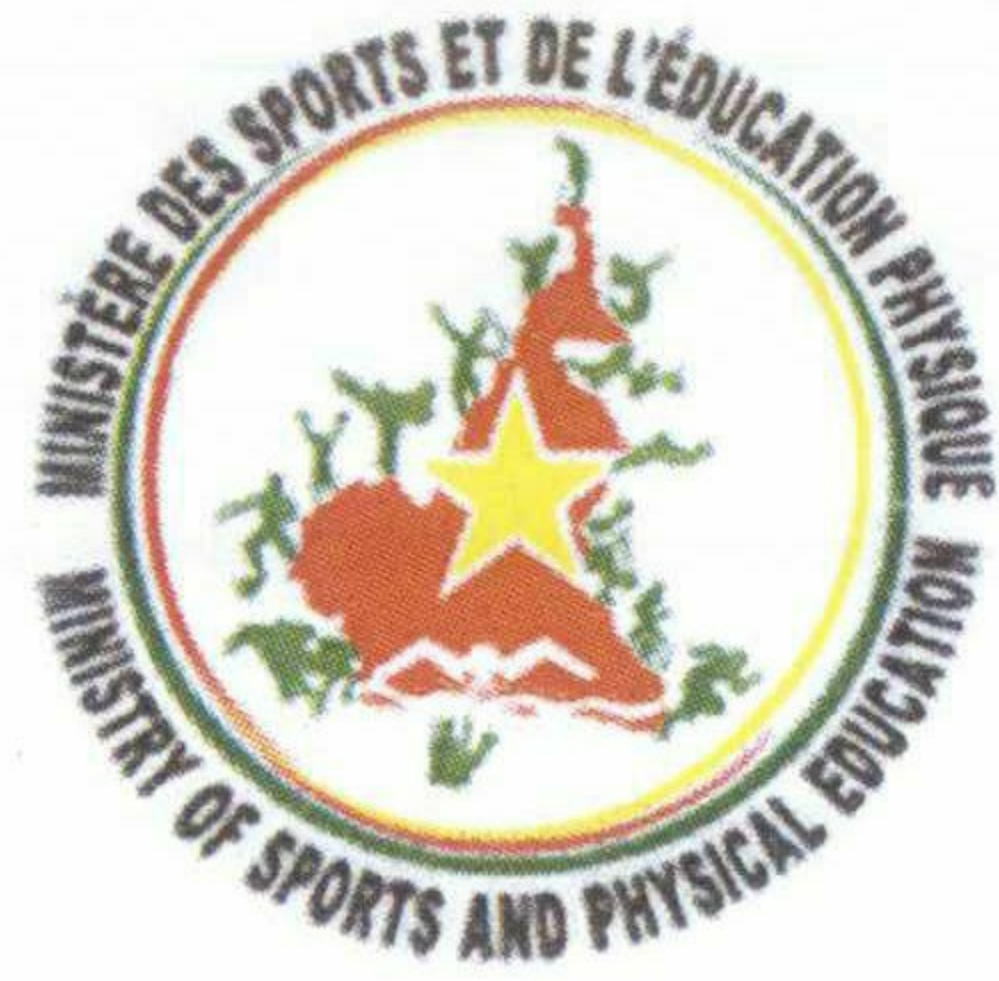
2.3 Competition Categories

The competition named "CEEAC International Open Tournament" is an individual Junior/Senior competition for both women and men.

3. Participation Conditions

3.1 All CEEAC sub-region countries practicing Sambo, as well as all National Sambo Federations affiliated with the International Sambo Federation, can participate in the CEEAC International Open Tournament.

3.2 The 2024 edition of the CEEAC Tournament is an individual competition. Each National Federation will present one athlete in each weight category.



3.3 The deadline for preliminary registrations is set for no later than August 20, 2024, in accordance with Appendix 1. Each country must submit the complete list of its delegation to the Organizing Committee by this date.

3.4 Each delegation must send its visa requests on time; no later than August 20, 2024 (Appendix 2). Accommodation and transfer reservation requests must be submitted to the Organizing Committee no later than August 20, 2024, in accordance with Appendix 3.

3.5 Final registrations with all changes must be submitted no later than September 10, 2024, in accordance with Appendix 1.

For visa requirements, the various delegations can register through the E-visa platform using the website <https://evisacam.cm>

3.6 Each athlete must undergo a medical examination before leaving their country for the Tournament.

3.7 All participants, coaches, referees, and representatives must have personal international medical insurance. Insurance will be checked at the weigh-in. Without health insurance, athletes are not allowed to participate in the Tournament.

3.8 Each delegation must provide the Organizing Committee with 2 flags of their country (1x2 meters) and the audio recording of their national anthem (CD or USB stick).

4. Technical Specifications of the Championship

This Tournament includes the following junior/senior categories:

- Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
- Sport Sambo (Women): 59Kg, 65Kg, 72Kg, +80kg
- Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
- Combat Sambo (Women): 54Kg, 59Kg, 65Kg, 72Kg

4.1 The Organizing Committee guarantees first aid to all participants.

4.2 Competitors must present themselves in regulatory Sambo uniform, with the backnumber in the correct format.

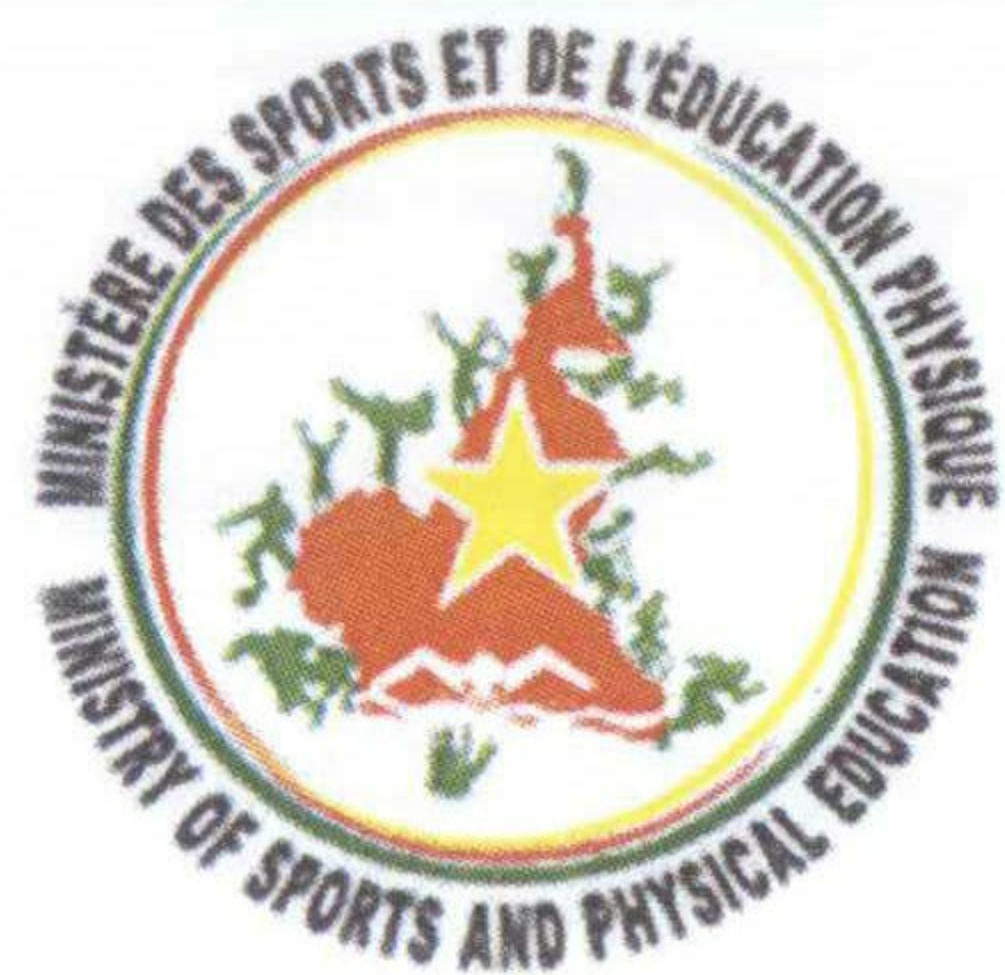
4.3 Any delay in registration confirmation or weigh-in will result in disqualification.

5. Financial Conditions

5.1 For each member of each delegation, travel and accommodation expenses in Cameroon are the responsibility of the participating country's National Federation (100 USD per person per day for half-board).

5.2 Airport-hotel-airport transfers and hotel-sports complex-hotel transfers are the responsibility of the organizers.

5.3 Delegation leaders must resolve all financial matters with the Organizing Committee on the day of arrival and fulfill all accreditation conditions.



6. Medals Presentation and Official Ceremonies

6.1 Medalists will receive medals and diplomas.

6.2 Competitors participate in the Tournament's official ceremonies in red uniform.

6.3 To honor the champions, the national anthem will be played, and the national flag will be raised.

6.4 Four medals will be awarded in each category.

6.5 Team ranking is determined based on individual ranking points.

6.6 To promote Sambo, for all categories and disciplines (men and women, Sport Sambo and Combat Sambo), a podium will only be possible if fighters from multiple nationalities (at least two) are present.

6.7 Official representatives of National Federations will be admitted to the VIP area in formal attire; admission in sportswear is prohibited.

7. Confirmation of Participation

Please send the required documents no later than August 20, 2024, to:

Cameroonian Sambo Federation (Yaoundé, Cameroon)

- President - MBASSI FRANCOIS

Phone/Fax: +237 699945995

- Secretary-General - NAMA FRANCOIS

WHATSAPP: +237 699847439

E-mail: cmrsambo@yahoo.fr

Looking forward to seeing you in Yaoundé, please accept our most distinguished sporting greetings.

THE SECRETARY GENERAL OF
CAMEROON SAMBO FEDERATION

Mr NAMA FRANCOIS



THE PRESIDENT OF CAMEROON
SAMBO FEDERATION

Mr MBASSI FRANCOIS



PROGRAMME

Thursday 26th September 2024
Arrival of delegations
Check in and accreditation (International Jouvence Hotel)

Friday 27th Septembre 2024

09h30-15h00	Accreditation
16h00-17h00	Meeting of referees (International Jouvence Hotel)
17h00-18h00	Technical meeting and draw (International Jouvence Hotel)
18h00 - 19h00	<ul style="list-style-type: none">- Medical check up (International Jouvence Hotel)- Weighing of the following categories :<ul style="list-style-type: none">• Sport Sambo (Women): 59Kg, 65Kg, 72Kg, +80kg• Combat Sambo (Women): 54Kg, 59Kg, 65Kg, 72Kg• Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg• Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg

Saturday 28th September 2024

10h00 - 14h00	Eliminatories <ul style="list-style-type: none">• Sport Sambo (Women): 59Kg, 65Kg, 72Kg, +80kg• Combat Sambo (Women): 54Kg, 59Kg, 65Kg, 72Kg• Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg• Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
15h00- 16h00	<ul style="list-style-type: none">- Medical check up (Mfandena gymnasium)- Weighing of the following categories :<ul style="list-style-type: none">• Sport Sambo (Women): 59Kg, 65Kg, 72Kg, +80kg• Combat Sambo (Women): 54Kg, 59Kg, 65Kg, 72Kg• Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg• Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
18h00 - 18h45	Opening ceremony
19h00	The Finals

Sunday 29th September 2024

10h00 - 14h00	Eliminatories : <ul style="list-style-type: none">• Sport Sambo (Women): 59Kg, 65Kg, 72Kg, +80kg• Combat Sambo (Women): 54Kg, 59Kg, 65Kg, 72Kg• Sport Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, 98+ Kg• Combat Sambo (Men): 58Kg, 64Kg, 71Kg, 79Kg, 88Kg, 98Kg, +98Kg
15h30 - 17h00	The Finals
17h30	Closing

Sunday 29th september and monday 30th september 2024

	<ul style="list-style-type: none">• Departure of delegations
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