



European Sambo Federation  
President Sergey Eliseev



Latvian Sambo Federation  
President Vsevolods Zelonijs

**REGULATIONS**  
**OF THE EUROPEAN UNION SAMBO CUP**  
**TRAINING CAMP and COACH SEMINAR**  
29-30 of September Riga, Latvia

**1. GENERAL TERMS**

- 1.1. The European Union sambo Cup is to be held in compliance with FIAS sambo rules and the European sambo Federation (ESF) Regulations.
- 1.2. The European Union sambo Cup will be organized and conducted by the ESF and Latvian Sambo Federation (LSF) with the support of the Sport Department of Riga City Council, Latvian Union of Sport Federations.
- 1.3. The European Union sambo Cup is to be held to popularize and develop sambo in Europe and strengthen international sports relations.

**2. DATE AND VENUE**

- 2.1. The Competition will take place on the 29 of September 2018.
- 2.2. The Training Camp and Coach Seminar will take place on the 30 of September 2018.
- 2.3. Place of Competition is "V.Zelonija sporta skola", E.Birznieka-Upisha str. 21a, Riga, Latvia.
- 2.4. Place of accreditation is "V.Zelonija sporta skola", E.Birznieka-Upisha str. 21a, Riga, Latvia.

**3. CONDITIONS OF PARTICIPATION**

- 3.1. National sambo federations of European Union, affiliated to ESF duly paid the 2018 ESF membership fee have a right to take part in competition.
- 3.2. Participants:
  - boys and girls born in 2000-2002
  - men and women born in 1999 and earlier
  - combat sambo men born in 1999 and earlier

**4. TECHNICAL CONDITIONS**

- 4.1. Weight categories:
  - Boys -48, -52, -56, -60, -65, -70, -75, -81, -87, +87 kg
  - Girls -40, -44, -48, -52, -56, -60, -65, -70, -75, +75 kg
  - Men: -62, -68, -74, -82, -90, -100, +100 kg
  - Women: -52, -56, -60, -64, -68, -72, -80, +80 kg
  - Combat men: -62, -68, -74, -82, -90, -100, +100 kg

4.2. The EU Cup will held by Olympic system with double repechage or round system depending of amount of participants.

4.3. No limit of athletes per country in weight category.

4.4. All athletes must have medical insurance. The Organizing Committee guarantees the first aid treatment to all participants of the tournament.

## **5. APPLICATIONS FOR PARTICIPATION**

5.1. First application for participation shall be submitted to the Organizing Committee before 28 of July 2018 in accordance with annex 1.

5.2. Applications for Accommodation and Travel Schedule information shall be submitted no later than the 28 of August 2018 in accordance with annex 2.

5.3. The final application forms for athletes registration according to the weight categories should be submitted no later than 24 of September 2018 in accordance with annex 3.

## **6. FINANCIAL CONDITIONS**

6.1. Each member of delegation is obliged to contribute 75,00 EUR per day (2 meals and accommodation). Transfer from airport and railway station and back will be cost 15,00 EUR per person.

6.2. Training camp and Coach Seminar is free of charge.

6.3. In case of own Accommodation each participant shall pay fee 100 EUR per person to the Organizing Committee.

6.4. Each national Federation should solve all financial issues with the organizing committee before the 24 of September 2018 to the following bank details:

Beneficiary: Latvian Sambo Federation  
Bank: Swedbank  
Swift: HABALV22  
Account: LV29HABA0551044257588

Or on spot during accreditation.

## **7. AWARDING**

7.1. Athletes won prizes places will be awarded with medals and diplomas, provided by the Organizing Committee.

7.2. Teams which won prizes will be awarded with cups, provided by the Organizing Committee.

7.3. The competitors should wear red uniform during awarding ceremony.

## **CONTACTS**

The Organizing Committee - Latvian Sambo Federation:

E. Birnieka-Upisha str. 21a, Riga, LV-1011

[info@sambo.lv](mailto:info@sambo.lv)

+371 67880557 Secretariate office

+371 29638973 Andrew Koltushkin LSF Secretary General, (eng., rus.)

Latvian Sambo Federation  
President Vsevolods Zelonijs

**PROGRAMME**  
**Of the European Union Sambo Cup**  
**Training camp and Coach Seminar**  
**28-30 of September 2018, Riga, Latvia**

Place of Competition is "V.Zelonija sporta skola", E.Birznieka-Upisha str. 21a, Riga, Latvia.

<b>Friday, September 28</b>	
10.00-18.00	Registration of participants
18.00-19.00	Weigh-in all categories
<b>Saturday, September 29</b>	
Starts at 10.00	Preliminaries all categories Finals Awarding Ceremony
<b>Sunday, September 30</b>	
Training camp	
10.00-12.00	First training session
	Coach Seminar
16.00-18.00	Second training session
<b>Monday, October 1</b>	
Departure of delegations	