

FIAS

Guidelines on Therapeutic Use Exemptions

These guidelines should be read in conjunction with WADA code Version revised 2009, the International Standard for Therapeutic Use Exemption (revised January 2010), and are issued only for clarification of the implementation within FISU competitions.

- 1) Attention is drawn to paragraph 4 & 8 of WADA International Standard for Therapeutic Use Exemptions (ISTUE) which outlines the criteria for granting TUE's
 - a. The athlete should experience a significant impairment to health if the prohibited substance or method were to be withdrawn in the course of treating an acute or chronic medical condition
 - b. The therapeutic use of the prohibited substance or method would produce no additional enhancement of performance other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition. The use of any prohibited substance or method to increase "low-normal" levels of any endogenous hormone is not considered an acceptable therapeutic intervention
 - c. There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.
 - d. The necessity for the use of an otherwise prohibited substance or method cannot be a consequence wholly or in part of prior non-therapeutic use of a substance on the prohibited list.
 - e. The athlete should submit an application for a TUE no less than 30 days before he/she needs the approval (for example participating in an event)

TUE's will NOT be issued if these conditions are not fulfilled

- 2) The following paragraph of the WADA code Version 2009 should also be noted :
 - a. Each International Federation should ensure, for any International level athlete or any other athlete entered for an International event, that a process is in place whereby athletes with documented medical conditions requiring the use of a prohibited substance or method may request a therapeutic exemption. Each National Anti-Doping Agency shall ensure, for all athletes under its jurisdiction that are not International level athletes, that a process is in place whereby athletes with documented medical conditions requiring the use of a prohibited substance or method may request a therapeutic exemption. Such requests will be evaluated in accordance with the international standard on therapeutic use.

- 3) Using the procedures in place most athletes requiring therapeutic use exemptions should be able to access FIAS to apply. It is the responsibility of the individual athlete receiving medication that contains a prohibited substance or method to apply for TUE
- 4) A TUE Committee (TUEC) has been constituted by FIAS and can accept applications from athletes that require a TUE. Supporting medical evidence MUST accompany any application (see ISTUE). This may consist of (at least) evidence from a relevant specialist of the diagnosis and need for specific treatment. Applications without medical evidence will NOT be accepted and a TUE will NOT be issued.
- 5) All TUE's are issued with a time limit. A TUE issued by FIAS TUEC will be valid for a period at least until the next World Championship
- 6) Applications should be made to FISU TUE Committee no less than 30 days before an event. Ignorance of the need for application will not be considered an adequate reason for late application. Retrospective approval will not be granted except in exceptional circumstances such as a medical emergency (see para 4.7 of ISTUE)
- 7) It should be noted that ALL TUE's are passed on to WADA who can overrule International Federations and withdraw a TUE
- 8) B2 Agonists are banned substances except Salbutamol, Salmeterol and Formoterol which are subject to limitations (of dosage and levels found in urine tests). Their use does not need to be declared at the time of testing but it is sensible to note the use on Doping Control Form (DCF)
- 9) All Gluco-corticoids are prohibited when administered by oral, intravenous intramuscular or rectal routes. Use of these substances by other methods (Intra-articular, peri-articular, periteneous, epidural, intradermal and inhaled route) as well as in topical preparations is allowed and does not need to be declared at the time of testing but it is sensible to note the use on DCF.
- 10) Copies of existing TUE's MUST be taken by athletes to Doping Control when selected for testing, and note must be made on the Doping Control Form and a copy kept by FISU even if previously logged on ADAMS

SUMMARY

- 1) A FIAS TUEC exists and can issue TUE's where necessary and where appropriate
- 3) 30 days notice is required except in very exceptional circumstances
- 4) Declaration of use of B2 Agonists and cortico-steroids is no longer necessary
- 5) TUE's must be taken by an athlete when selected for dope testing